



# The INSIDER

An Independent Newspaper  
For Wynmoor Residents

VOL. 1, NO. 8

SEPTEMBER, 2017



### By Insider News Staff

Last week, representatives from the State of Florida Turnpike Authority came to Wynmoor to discuss their plans for expansion of the Turnpike. While they were unable to answer many resident questions, one of their most disturbing statements was that their planned expansion would put a sound barrier wall only 10 feet away from Wynmoor's property.

Based on what was stated at the meeting, Wynmoor Attorney Mark Bogen, who is also our County Commissioner, publicly stated that he will lead the fight against the Turnpike and the State of Florida, regarding their plans. "Turnpike representatives do not care what the residents of Wynmoor want. We need to make it clear that we will go to court and do what it takes to fight this plan," said Bogen.



There are three meetings in September regarding the Turnpike expansion that all residents should attend. The first meeting is **September 7th at 9:00 AM in the Wynmoor Theatre**. The second meeting is **September 14th at 6:00 PM in the Coconut Creek City Hall**. The third meeting is a public hearing conducted by the state, which will be held **September 28th and will be located in Pompano Beach**. All residents are encouraged to come and attend these meetings, since this proposed construction and expansion will affect everyone in the Wynmoor Community.

All residents who want to be kept informed about the fight against the Turnpike, please send an email with your name and telephone number to [FightTurnpike@gmail.com](mailto:FightTurnpike@gmail.com).



## Latin Women's Club

By Eliassi Carson

There is still time to get your tickets (\$20.00pp) for our 6<sup>th</sup> Anniversary and Hispanic Heritage Month celebration on Friday, September 15, 2017 from 7:00 PM to 11:00 PM. We are expecting about 200 people!

Our club began 6 years ago. I picked up the "Wynmoor Social Registry" and began looking through it for any Hispanic last names. I called them and introduced myself and 12 ladies got together for our first meeting. Now, we have over 70 ladies in our club! Our purpose is to share our culture and share our traditions with each other. On many occasions, we donate money to various charities.

Each month, we celebrate the birthdays of our members, have a big party,

and make each lady feel special. We can't wait to include pictures and stories of our big 6<sup>th</sup> anniversary dinner celebration in the next issue of the Insider.

For reservations, buying tickets, or for more information, English speakers may contact Ms. Minerva Nazario at 954-532-3156, and Spanish speakers may contact Ms. Myriam Alonso at 954-673-6542, or Ms. Ellie Carson at 954-245-8446.

Our monthly meeting begins on Tuesday, September 26th from 2:00 PM to 4:00 PM in the East Wing, Classroom 4. Refreshments will be served. Our annual dues are \$15.00. All meetings are conducted in Spanish and Portuguese. We wish our members and friends a very Happy High Holidays.

# Kids are Back to School - DRIVE CAREFULLY!

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2505 ANTIGUA B1	\$77,777	\$69,000	38
1804 ELEUTHERA G2	\$73,000	\$67,500	60
2301 LUCAYA K1 (1.5)	\$58,000	\$58,000	27
2305 LUCAYA E2	\$79,900	\$79,000	22
4701 MARTINIQUE G4	\$54,777	\$54,000	2
2612 NASSAU G1	\$82,000	\$79,500	45
2705 NASSAU A1	\$94,999	\$90,000	23
3204 PORTOFINO F4	\$92,000	\$88,000	45
3204 PORTOFINO N1	\$89,999	\$81,000	106
2802 VICTORIA J4	\$89,000	\$85,000	1
2804 VICTORIA M1	\$117,777	\$115,000	52
2901 VICTORIA B2	\$87,000	\$85,000	28
2903 VICTORIA N4	\$89,777	\$84,000	16
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# The INSIDER

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We encourage your submissions. Please keep all articles timely, according to issue being published. Articles must be typed double spaced (upper and lower case), or **legibly** printed, signed and include the author's address and phone number. We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted material becomes the property of **The INSIDER** and will not be returned. The Insider is not responsible, and assumes no liability for the content expressed in any contributed material.

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- CLUBS 200 Maximum
- PEN TO PAPER 250 Maximum
- ARTICLES OF INTEREST 450 Maximum

Articles must be typed or legibly printed. Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

**Deadline:** The 10th of each month at noon. This applies to all articles, photos, classified ads, etc.

**The Insider** reserves the right to refuse publication of any article or ad submitted, if such does not meet the standards set forth by **The Insider**, or does not adhere to its deadline. **The Insider** shall have the right, in its sole discretion, whether or not to accept any material for publication.

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# Security News

## Dispatch: 954-978-2667

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules.

First Offense: \$25.00 Fine      Second Offense: \$50.00 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

### Your Security Alarm System

If your unit DOES NOT have an alarm system, contact Protection One at 954-956-9625. The office is located in the Main Security Building. Unit owners should also be aware that the Emergency Systems DO NOT work with MagicJack, U-Verse or Voice-Over IP (Like Vonage).

### Your Guest List

There is no longer a permanent guest list. The new Wynmoor Gate System brings greater security to our community. Unit owners or tenants are responsible to call in their guest, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

**Make sure your guest has I.D. ready when approaching the gate for proper verification. Make sure your guest has the NAME and ADDRESS of the resident they are visiting.**

### Important Numbers

For Medical Emergencies Always Dial 9-1-1.

- Security, Emergency: ..... 954-978-2663
- Automated Gate Access: ..... 954-978-2666
- Security Dispatch: ..... 954-978-2667
- Resident Registration Office: ..... 954-978-2600, ext. 321
- On Call Bus: ..... 954-978-2667
- Protection One: ..... 954-956-9625
- Coconut Creek Police, Non-Emergency: ..... 954-973-6700

### Hours of Operation

- Administration/Pool/BBQ: ..... 5:00 AM - 10:00 PM
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- Country Club: ..... 8:00 AM - 12:00 Midnight
- Racquet Center: ..... 6:00 AM - 11:00 PM
- Theatre Complex: ... 7:00 AM - 11:00 PM (unless there is a specific approved event)

# summer HOURS

**For the Country Club Business Office are:  
Monday through Sunday: 8:00 AM to 5:00 PM  
Remember you will only be able to access  
the Insider newspaper box during these hours.  
These hours are until Nov. 5, 2017.**

# RESIDENTS

**We no longer have permanent guest lists.  
Be sure to update and submit your Emergency  
Contacts (limit 3) to Association Affairs.  
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From left to right: Joy Lasky, Iris Arlan, Judy Henry



From left to right: Lois Stermer, Mikki Belvedere, Harriet Shlam

# LADIES CIRCLE

A wonderful time was had at our August Luncheon. The music consisted of Klezmer and Broadway. The talented musician played three instruments, the flute, the clarinet, and the saxophone. He was wonderful. The food was delicious and we had 12 filled tables of 101 guests! What a great afternoon! Look forward to seeing you at our next meeting!



Entertainer: Mark Hurwitz



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# pen to paper

## I'll Be Home For Christmas

By Bob Winston

One Christmas follows another ad infinitum. Although the primary significance is religious, for children at least, it is to await the arrival of Santa Claus and his satchel of gifts aplenty. This is not paradoxical. Thus, significance and contentment are interconnected.

In spite of the scores of Christmas melodies, the spirit of brotherly love, the religiosity that saturates the airwaves, why do I become so depressed at this time of year?

The year was 1943. World War II was in full action. Although too young to serve in the armed forces, I, along with my friends, did what we could to make some kind of contribution.

We scoured our neighborhood for scrap metal, visited neighbors asking them to save cooking fat, scrounged for scrap paper, rubber and the numberless assorted items Uncle Sam said was needed for the war effort. During the spring and summer months, although we lacked the farming skills, my friends and I tended victory gardens and managed to harvest a few tomatoes and zucchinis. It was our patriotic duty, the least we could do.

Even my mother succumbed to the patriotic fervor that swept the nation.

Our home was near the city of Boston and had those extra living accommodations that were in short supply.

The government pleaded with homeowners to make available any spare living space to house war workers. Our home, not too far from the Charlestown Naval Shipyard, fit the bill.

There was a tremendous need for skilled workers to man the 24-7 operation for the construction of destroyers and other ships of war. Employment was close to 100%.

Our home had two adjoining rooms on the upper level that mother made available for a young woman and her young son. Rita was her name who,

after a brief crash government training course, became a skilled welder.

Mother looked after her child while she worked. I didn't know what arrangements were agreed upon for that service, but it was apparent that Mrs. Rita Phemister and my mother made an appropriate arrangement. It obviously took a lot of pressure off the young mother.

I became very attached to Rita and little Billy.

Daniel, her husband, was a staff sergeant serving with the army in North Africa and Italy. She often spoke to me about him, pointing frequently to the several pictures of him both in civilian and military garb. She would share a few V-Mails she received from him.

I was fascinated how a letter could be reduced to such a small size. She took the time to explain how this reduction saved space, and enabled the government to send more needed supplies overseas rather than bulky mail. Rita explained the black lines that often occurred in the letters. Censors who read all outgoing mail and blacked out portions they regarded as classified, she told me, did them. This was a necessary precaution to preventing any possibility of aiding our enemies.

She was not only beautiful, at least I thought so, but smart. Although I was very young, I was completely captivated by her, perhaps I was in love with her but that in adult terms is probably at overstatement.

Reflecting on this, I looked upon her as a type of governess who gave me the attention to satisfy my anxieties and curiosities about this very trying and confusing period of my life and the world in general.

She asked me one day if I'd like to see the launching of a destroyer that had been built in Charlestown. It was a big deal for Boston and probably for the nation as a whole because it had been constructed from zero to completion in less than four months. A record time for the navy yard and the nation as a whole. My mother gave me her permission.

*Pen to Paper continued on page 9*

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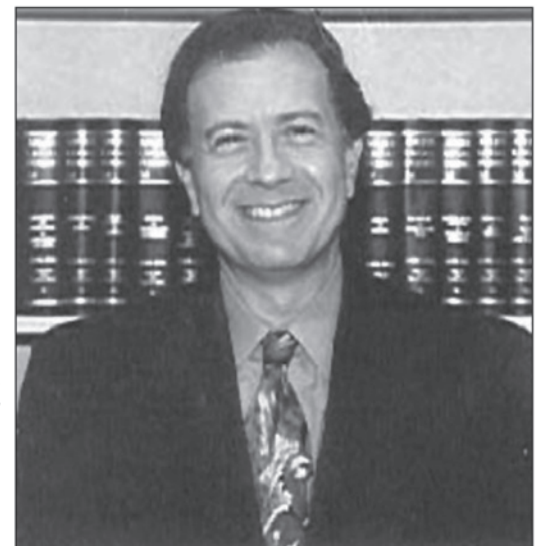
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# YOUR COUNTY COMMISSIONER

By Mark Bogen, Broward County Commissioner

## TURNPIKE DISASTER

The State of Florida, in its infinite wisdom, wants to spend tens of millions of dollars to expand the Turnpike from Wiles Road to Atlantic Blvd., (a four mile stretch), for the purpose of putting in two express lanes. Not only does it cost extra to travel on the Turnpike, but Turnpike officials have come up with a way to double charge people by installing express lanes for four miles.

During a recent meeting at Wynmoor, Turnpike officials stated that after the expansion, they expect the barrier wall to be only ten feet away from

Wynmoor. As a County Commissioner, I will use all of the governmental resources at my disposal to fight the Turnpike officials. Also, I will research all legal options that can be taken to stop this expansion, at no cost to Wynmoor residents.

I hope to see everyone on September 7th in the Wynmoor Theatre to discuss our plans.

Please email me your comments at [mbogen@broward.org](mailto:mbogen@broward.org).



## TRAVELING OVERSEAS CAN LAND YOU IN JAIL

Many International Airlines provide non-stop service between Ft. Lauderdale airport and a foreign country. A Coral Springs resident decided to travel to the United Arab Emirates and ended up in jail for two months. His crime? Having prescription medication without the proper documentation. Yes, if you are taking prescription medication, you need to have a doctor's letter with you in the U.A.E. or you could end up in jail. Before you go to a country that you are not familiar with, check out the laws.

## REPUBLICAN OR DEMOCRAT – WE NEED TO STAND TOGETHER

As a Broward County Commissioner, I believe it is important that all elected officials stand together to condemn what happened in Charlottesville, Virginia. Whether Democrat, Republican or Independent, we should stand together against hateful speech and fight for the rights and equality of all people.

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- SELICHOT..... Sept. 16 ..... 8:00 pm
- ROSH HASHANA..... Sept. 20 ..... 8:00 pm
- ROSH HASHANA..... Sept. 21 ..... 10:00 am
- KOL NIDRE..... Sept. 29 ..... 8:00 pm
- YOM KIPPUR..... Sept. 30 ..... 10:00 am

*Ultimate "Break-Fast" ... September 30 at 6:30 PM  
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*Pen to Paper continued from page 7*

I don't know how Rita managed it but she did. There I was, as Governor Leverett A. Saltonstall broke a bottle of champagne on its bow, and another warship was launched.

I often told Mrs. Phemister how much I wished I could be a soldier or sailor. She'd smile, and give me a hug and say something to the effect that hopefully that will never be necessary, and this war will end and we will all get back to our lives. I don't think I fully understood. I just smiled and hugged her back.

My mother asked Rita if she would mind if she displayed a placard on the window. There were many such displays in our neighborhood. Each one had at least one blue star. This indicated that their household had a service person defending our country. The more stars, the more service people. In a few instances, there was a gold star. That was symbolic of a service person having been killed in action. "Sure," Rita said.

Rita would patiently wait for the mailman, who several times a week, would deliver mail from her husband. She would go to her room, close the door and presumably consume this very private correspondence. On occasion, she'd read selected excerpts, none of a personal nature of course to me. They were mostly upbeat.

At times, his letters detailed his experiences. Not too much though. The war, he felt, would soon be over, and that life could return to where it should be. I remember one phrase, precisely to this day, that he wrote and the censors did not obliterate, "I wish I could say that I'll be home for Christmas, my darling, but not this year, hopefully by next."

He always ended his letters with "I love you, Dan."

I observed this and it always brought tears to her eyes. Most often she would whisper, after having read the letter, "I love you too." Even as a youngster, I found this poignant and sad. I'd leave, go to my room and lie down on my bed, stare at the ceiling, and try to think about anything except the war. It never worked.

The telegram arrived on Monday, December 20, 1943. It read:

**MRS. DANIEL PHEMISTER**  
**WE REGRET TO INFORM YOU THAT YOUR HUSBAND DANIEL PHEMISTER DIED ON DECEMBER 17, 1943, IN ACTION IN ITALY IN THE PERFORMANCE OF HIS DUTY AND SERVICE TO HIS COUNTRY. WHEN INFORMATION IS RECEIVED REGARDING BURIAL YOU WILL BE NOTIFIED. PLEASE ACCEPT MY HEARTFELT SYMPATHY.**  
**Lieutenant General Mark Clark, Commander**

Nothing any of us could say other than we're so sorry. It seemed so inadequate to me and I'm sure to my mother and sister.

Rita hugged all of us, tears running over, and said nothing. We all understood. Death is a concept all of us have difficulty fully comprehending. It is through the living that is most affected that its perception takes on its full meaning. I embraced Rita, went to my room and tried to control my sobbing but was unsuccessful. I turned on my radio lowering the volume to the point where it was only detectable to me.

Bing Crosby's rendition of "I'LL BE HOME FOR CHRISTMAS" (IF ONLY IN MY DREAMS) added to the melancholy.

About a week or two later, Rita told my mother that she would be leaving Massachusetts and returning to her parents' home near the Finger Lakes, New York.

The holiday season conjures up many memories, most in keeping with its intended spirit of joy some, far less joyful.

I kind of agree with Virginia Woolf:

"One of the signs of passing youth is the birth of a sense of fellowship with other human beings as we take our place among them."

*Pen to Paper continued on page 10*



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# pen to paper

*Pen to Paper continued from page 9*

## Sweetest Kiss of the Day

By Terri Daniti

This really isn't much of a story, it's more about how a part of a nighttime routine came to be.

It began roughly about 38 years ago, give or take, when I was lucky enough to be a stay-at-home mom of a two-year-old wonderful, awesome, enchanting (not that I'm boasting) baby girl. I loved being a young mother, especially because it was something that I was never sure would happen for me. When it happened, from first finding out that I was pregnant, thru the pregnancy and looking back now, I can laugh about it. I loved every aspect of this part of being a woman, from the delivery, to morning sickness, to swelling, to stretch marks, to feeling kicks and turns as this child-to-be grew inside of me, and even this scar that is a constant reminder of how this child needed to emerge from my body. I got to do what some women would give all that they should be able to do also.

What did become evident soon after having this child were the many, many responsibilities which I am sure that those of you who are a parent are aware of. No matter how old your child is, in certain ways, the responsibilities never end. They always turn to the parent one way or the other. What also became evident along with these responsibilities, is how EXHAUSTING it is in doing everything that a child needs, plus all the other things that I needed to be done in taking care of a husband, household, and yourself. Don't let anyone fool you. Being a stay-at-home mom is a 24/7 job!

Time passed so quickly and as this infant grew, not only physically but also into her own personality and temperament. It wasn't so rosy during those first years. Next, it was truly the "Terrible Twos," getting her into bed and staying there which became a long, drawn out battle of the wills!

Of course, it was the usual nighttime routines; bath, teeth brushing, peeing, setting up all the dolls or stuffed animals that were chosen to share the bed with her that night, night time story, prayers and kisses. Then I would begin to think my day was done and I could have that long-awaited cigarette and cup of coffee (my reward for having survived another day without any major calamities). It was few and far between, the nights when there would be the call-outs to Mom that needed further attention such as "Mom, I think there's a monster under my bed" in which, I had to go check and reassure that was not the case. Followed by a few more Mom call-outs were, "Mom, I need you" and "what were we going to dream about, I have to pee again, can I have pancakes for breakfast? I need a glass of water. How was Santa Claus getting into our house if the doors locked? Can we have spaghetti for dinner tomorrow?" I knew that if I couldn't figure out how to put an end to all these call-outs, I would never have a complete cigarette or night time cup of hot coffee, and more probably, would have taken a tequila shot instead. With a stroke of genius for myself, I came up with how to be able to have your very

own "Sweetest Kiss of the Day"!

I initiated this part of our routine after one too many Mom call-outs. I explained to my "darling" child "You know, unless you are finally, fully asleep, and do not wake up for ANYTHING, the Sugar Angel cannot come and put a little drop of sugar on this little spot right under your nose and above your mouth. If you don't let her do this, you will never have the "sweetest kiss of the day" when you kiss the first person the next morning. Of course, my questioning, intelligent child, needed to know what exactly the spot was called. That spot is called the "philtrum." How did the sugar stay on until morning? How did the angel get in? What if you had a cold or sneeze, did it stay on? Somehow, I had the answers to these questions and she agreed to give it a try. We said our final goodnight and sweet dreams. I returned to an awaiting cigarette and hot cup of coffee. I felt assured success was guaranteed. It kind of was, until the next morning when at 5:00 AM, she came running into our bedroom and calling out "Mom, I want to give you my Sweetest Kiss of the Day!" Believe it or not, it truly was and after fine tuning this routine regarding time to share it, it worked.

As she grew up, this became a part of our lives and continued even when she got older and would award me with that wink and her first kiss of the day because she didn't want to give it to whomever boyfriend she had of the moment. Years ago, when it became appropriate, the sweetest kiss of the day was passed down to her children.

Now that I am living alone, there isn't anyone yet to share my sweetest kiss of the day with. However, my grandson loves when I sleep over at their home because he will charge into my room and announce, "Here comes your sweetest kiss of the day!" As incredible as it may seem, it still truly is! If you don't believe me, go try it for yourself! All you have to do is believe!

## Hide Those Catalogs

By Nancy Lee Schwartz

Ya know, every so often one of those blasted little catalogs will arrive in the mail, and instead of remembering what a pain in the neck it is returning merchandise or chucking it, I take my brain out of my head, put it on a shelf and happily exclaim: "This looks neat!!!!!"

Well, a catalog arrived recently. There was a picture of a countertop broiler grilling hamburgers, accompanied by tomatoes and different colored peppers on skewers. So healthy!

I thought, "I never use the broiler in my oven because the cleanup is horrendous (even though it's "self-cleaning" Hah!) In addition, I have a bad habit of burning the heck out of my hands putting stuff into or taking it out of the oven, to such a degree that my Aloe plant is running out of leaves.

*Pen to Paper continued on page 13*

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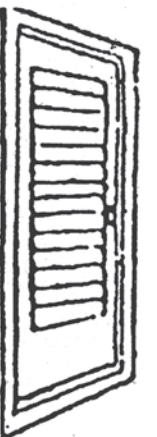
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# What's Happening

## The Liberal Jewish Temple

By Joan Sampson

The Temple Board and Trustees join me in wishing one and all a happy, healthy New Year or, as we say, L'Shana Tova! Let us all hope and pray that peace will finally rule our planet for this year and the years to come.

Rosh Hashanah Services will begin on Wednesday evening, September 20th at 8:00 PM and Thursday morning, September 21st, at 10:00 AM. All these High Holy days will be conducted by the ever-popular Rabbi Leon Olenick and Cantor Jan Courte. They will also lead us in prayer for Yom Kippur which begins with the Kol Nidre on Friday evening, September 29th and Saturday morning, September 30th at 10:00 AM, If you don't have your tickets call Evelyn Friedman at 954-979-0729.

Before services on the 20th of September, why not join Judy and all your Temple friends at Lester's Private Dining Room for a pre-holiday dinner? Call Judy at 954-971-4748 for reservations.

And don't forget to make your reservation for our super-delicious Breakfast, catered by Bagel Snack – same goodies, same price and this year it's being held in Ballroom A at Wynmoor. Call Linda 954-984-0939.

## Night at the Tropics

Friday, September 8th

7:00 - 10:00 PM - \$10.00

Come enjoy an evening with the Mambo Nights Band, featuring 10 pieces, vocalist, pianist, drums, bass player and trumpet in the Grand Ballroom.

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## News From Temple Beth-Am

By Toby Gordon

We are the warm, friendly Temple family, on the corner of Royal Palm Blvd. and Rock Island Road, that has many activities going on over the coming year. No need to wait for your friends to return from up North to continue your "games," movies or dinner, with an interesting group of people.



As the new season starts, and friends start returning from their summer homes, our Sisterhood and Men's Clubs are busy planning their calendars. They have filled them with many varied activities. How about joining us on October 8th for our Family Sukkah Program from 12:00 Noon to 2:00 PM? Our Adult Education program also has a beginners Hebrew class starting October 2nd from 10:00 AM to 11:00 AM. On October 7th come share "Pizza in the Hut" with us!


If you have any questions about these activities, please feel free to contact Joyce at the Temple office, 954-968-4545, ext. 36, or send her an e-mail at: [jsiegel@beth-am.org](mailto:jsiegel@beth-am.org). She will be glad to help you.

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# pen to paper

*Pen to Paper continued from page 10*

So how could I go wrong with the gizmo? Grilled food – no fat – no burns – pure joy!

OK. My shipment arrives! I'm excited like a kid at Christmas. I take it apart and wash all the parts and then get my hamburgers ready to roll. Then I prepared the vegetables and went to a drawer in the kitchen that holds all kinds of stuff I never use, to look for skewers. "I DON'T HAVE ANY SKEWERS! WHATAMIGONNADO???"

There were wooden chop sticks there, so I grabbed a pair. No points at the ends! Dang – wouldn't it make sense to have pointy ends to stab the pieces of food? Apparently, the people who sell Chinese food disagree. Undaunted, I took a pair of chop sticks out to the patio, where an electric pencil sharpener sat from the year of the flood. I proceeded to go to work and it proceeded to groan and make nasty noises but finally I had 2 points.

Yippee!

When my Larry got home, I was all set to go. His eyes sort of popped (he does not share my enthusiasm for the culinary experiments I put on his dinner plate) but guess what??? This time everything turned out great! We both enjoyed.

Now the problem was where the heck can I store this grill? I have no cabinet space that will hold it. Larry came up with the perfect solution, put it under the bed! Problem solved. My husband's a genius. (Don't tell him I said so, though.)

Oh, and to get free shipping, I had had to order another item. I selected a microwave griller, a little gizmo that actually fits into the microwave oven and grills hot dogs or other stuff while all the fat drips out into the bottom. Healthy, healthy, healthy - that's the key word! I tried it yesterday, and somehow, I didn't get the two halves put together properly, while the hot dogs weren't ruined. It took a lot to ruin a hot dog! I did have a nasty bit of cleanup. Later, I saw what I had done wrong. Now, if I can remember how to do it right, I'll be back in business.

In the meantime, we're going out to dinner tonight. Enough with the taking chances for one week.

Uh-oh! Another catalog just came in today's mail and it has purple shoes on SALE! I can get free shipping if I order something else too, but all I want is purple shoes. I wear that color a lot, and I had a pair that got so old and the shoemaker up at Festival had glued them back together for me so often. This time he said, "THEY CAN'T BE REPAIRED, THROW THEM OUT," all the while I'm saying "but – but – but." So, I tossed them out. Now here's my dilemma: if I order my purple shoes AND something else, I'll get free shipping. They have a beautiful white top also on sale . . .

To be continued (but you can bet I'm gonna be wearing purple shoes before long!)

## Dog Bites Man

By Morris L. Jampol

Silas, a three-year mongrel pup of mixed Border Collie ancestry was recently adopted by my son Bob and his wife Dahlia. They currently live in a delightful cottage in Martha's Vineyard in Massachusetts. On visiting their home recently, I was met by Silas, a beautiful animal with a head of white fur, a body mostly of black with streaks of white and an intelligent looking face, sharp eyes and a well-proportioned snout. His white head reminded me of the similarity to a bald eagle.

Entering the room, I was immediately greeted with a prolonged intense bark and some aggressive facies signifying that I was not wanted. My son warned me not to get too close as the animal was intensely upset by my appearance. I was surprised. Generally, I love all animals and do not have trouble with dogs even unfamiliar ones but Silas was one unexplained exception.

"Dad" my son said, "don't get too close. The pound where he was adopted

*Pen to Paper continued on page 14*



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# pen to paper

Pen to Paper continued from page 13

told me that he had had a history of abuse and it might take several months to retrain him. However, he was housebroken and could respond to love and attention." My son could exercise him several times per day. However, just raising one's arm caused him to retreat as if he were about to be struck. Surprisingly Bob's wife, Dahlia, was acceptable to Silas. He frequently approached her when spoken to softly and could be petted by her. She was the one who fed him daily. He seemed to tolerate females and not males. True gender discrimination.

Silas was born three years ago into a litter of four beautiful puppies. At the age of six weeks he was adopted by an elderly lady looking for love and attention to fill her lonely existence. Two years later she became ill and could no longer care for him. Silas was then returned to the pound. Within a short period, a family with two teen age children chose Silas for adoption. The daughter was twelve and the son fourteen. The parents loved the dog but both worked and left the care of the animal to the children. The daughter was a gentle child and treated Silas with tenderness and affection. She, however, had a busy life with sports competitions and spent little time at home attending to Silas. The fourteen-year boy was a lad with problems. His school work was generally poor and characterized by frequent disruptive behavior. He had few friends and the parents felt that a dog would help him keep busy and happier. And so, Silas was left alone with the boy who had charge of feeding, walking, and generally, training him.

Silas quickly learned that the youth was cruel and even sadistic. He would set out his food bowl and when the dog approached, he would whip him with a small leather strap. The dog would retreat but when hunger overcame him and he re-approach his food, the punishment would be repeated. Silas could only respond with loud yelps and barking. As soon

as he saw the youth's arm raised, he turned and retreated waiting until the youth left the room and he could access his meal. Repeated beating soon led Silas to loudly bark as the youth approached him and this was even extended to any male who approached.

The parents somewhat suspected that their son was mistreating the dog but only warned him not to "tease" him. This behavior continued for several months and Silas was losing weight and becoming more irritable. Barking at all males included the father. On one occasion, the sister observed the boy's actions and reported it the parents. It was then decided to return Silas to the pound as untrainable.

Bob and Dahlia have always owned a dog. When their pet terrier passed away after a long life, they visited the pound looking for another pet to adopt. They were impressed by Silas's appearance but the pound notified them that the animal has some "behavioral problems." Despite this, the animal was taken and renamed Silas (my son is a retired English teacher). They are experienced with animals and are working to cure him of his fear of approaching males, especially with raised arms. They are optimistic in their efforts.

On my recent visit to the Vineyard, I tried to approach Silas with a doggie treat. He refused to take it from me and continued barking furiously. When I tossed it to him on the floor, he quickly gobbled it down. One day when my back was turned standing in another room, he quickly ran by and nipped me in the calf. It was a small inconsequential wound but showed that he still had a lot of fear and aggression because of his past maltreatment. I am not a dog owner and hope that my son and his wife succeed in helping this beautiful animal overcome the consequences of his mistreatment. Good Luck.

## AARP

By Minerva Nazario

My husband and I are volunteers and members of the AARP Florida Volunteer Speakers team. Topics for the Speaker Program and Outreach Service are very informative and educational. We would like the clubs at Wynmoor to be aware of this service.

AARP is a non-profit, nonpartisan national organization with almost 38 million members dedicated to empowering Americans 50+ to choose how they live as they age. AARP does not support any political party or political candidates. It works to strength communities and advocate for what matters most to families with a focus on health security, financial stability and personal fulfillment.

Contact Ben or myself at 954-532-3156 or e-mail: [benazario@gmail.com](mailto:benazario@gmail.com).

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- Non-U.S. citizens must also provide proof of permanent residency

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NASSAU: 3/2 Ground floor, freshly painted new flooring, walk to pool .....	\$1,400
VICTORIA: 2/2 This is beauty .....	\$1,200
ANTIGUA: 1/1 Nice cozy unit, very clean, great view.....	\$1,100
PORTOFINO: 2/2 Nice clean golf course condo, ceramic floors, flat screen tvs.....	SEASONAL \$2,000
VICTORIA: 1/1.5 Beautiful Seasonal, laminate floors thru out, queen size bed in master flat screens, newer appliances .....	\$1,600
ANTIGUA: 2/2 Desirable Seasonal, ceramic floors, garden view from patio, a must see.....	\$2,000
ANTIGUA: 2/2 Nice big corner available for the Season, clean/cozy, SS appliances, fully furnished .....	\$2,100
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ANTIGUA: 2/2 Totally remodeled corner, brand new kitchen cabinets, granite counter tops, porcelain floors, screened patio.....	\$149,900
VICTORIA: 2/2 Spectacular golf view and lake view, top of the line completely remodeled, laminate floors, brand new open concept kitchen.....	\$148,900
PORTOFINO: Spectacular panoramic private golf and lake view, ceramic floors, newer kitchen cabinets and granite counter tops .....	\$138,000
BIMINI: 2/2 Desirable luxury model on ground floor, ceramic tile, professionally painted, enclosed patio .....	\$108,500
LUCAYA: 2/2 Great move in condition, brand new laminate floors, freshly painted, screened patio, newer appliances.....	\$104,000
VICTORIA: Lovely corner unit, amazing pool view, newer A/C, screen and shutters in patio .....	\$ 96,000
LUCAYA: 2/2 Move in ready, renovated kitchen, newer appliances, brand new carpet, overlooking the pool .....	\$103,000
ANTIGUA: 2/2 This is a must see .....	\$ 84,900
ANTIGUA: 1/1.5 This is a must see .....	\$ 80,000
MARTINIQUE: 1/1.5 Lowest price on the market, in good shape, ceramic floors, carpet in master, gorgeous panoramic view of golf and lake view .....	\$ 54,500
PORTOFINO: 2/2 Wonder water view, glass enclosed patio, laminate floors, unit is on the 2 <sup>nd</sup> floor .....	\$ 84,188
ABACO: 2/2 This is true beauty must see .....	\$115,000
BIMINI: 2/2 Spectacular masterpiece, luxury corner, Italian designed kitchen, new kitchen ceiling, open kitchen concept.....	\$220,000
BERMUDA: 2/2 Desirable move in Bermuda model, lake/fountain view, ceramic and laminate floors, updated bathrooms .....	\$ 89,500





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Last seen in Wynmoor Village on Saturday 8-5-17.

Tango is a 2-year-old, spayed male. He wears a black collar with a tag.

If you see him, please call me.

I live in Portofino and I miss him terribly. **GOD BLESS!**

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<b>Bifold Door</b>		
Bedroom - \$85.00	Bathroom - \$75.00	
Hallway - \$75.00	Den - \$175.00	

THANK YOU, WYNMOOR, FOR ALL THE BUSINESS  
YOU HAVE GIVEN ME -JOHN COLUMBO





# CONDO LAW

By Mark Bogen

## Q and A



### What is the Law?

**Q** Our condominium president informed the owners that our association bank has provided him with an association debit card. The president said he would use the card to pay for association bills or if there was an emergency expenditure. It is my understanding that the law forbids the president from using an association credit card. Can you let us know the law?

**A** Florida law specifically states that an association and its officers, directors, employees, and agents may not use a debit card issued in the name of the association, or billed directly to the association, for the payment of any association expense.

**Q** Our condominium association has a person serving on the board that was a convicted felon many years ago. While this person appears to be responsible, is he allowed to serve on the board?

**A** It depends. Florida law specifically states that a person who has been convicted of any felony in this state or in a United States District or Territorial Court, or who has been convicted of any offense in another jurisdiction which would be considered a felony if committed in this state, is not eligible for board membership unless such felon's

civil rights have been restored for at least 5 years as of the date such person seeks election to the board. The validity of an action by the board is not affected if it is later determined that a board member is ineligible for board membership due to having been convicted of a felony.

**Q** I live in a condominium association but travel many months throughout the year. After returning to Florida, I learned that an electrician hired by the association entered my unit. Apparently, I was told there was an electrical short and they were checking each unit. Is the association allowed to enter my unit without my permission?

**A** Yes. Florida law states "the association has the irrevocable right of access to each unit during reasonable hours, when necessary for the maintenance, repair, or replacement of any common elements or of any portion of a unit to be maintained by the association pursuant to the declaration or as necessary to prevent damage to the common elements or to a unit."



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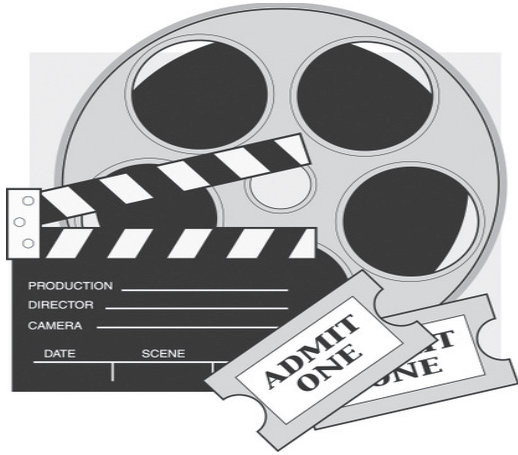
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# Fabulous Flicks Reel Times

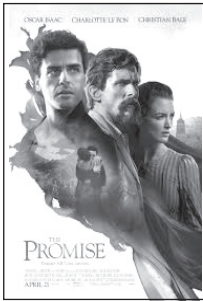
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## THE PROMISE

2 hrs. - 14 mins. Rated PG

Sunday	Sept. 3	2 & 8* PM
Monday	Sept. 4	8 PM
Tuesday	Sept. 5	8 PM
Wed.	Sept. 6	2 PM*



## TABLE 19

1 hr. - 27 mins. Rated PG

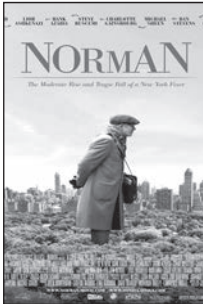
Sunday	Sept. 17	2 & 8* PM
Monday	Sept. 18	8 PM
Tuesday	Sept. 19	8 PM
Wed.	Sept. 20	2 PM*



## NORMAN

1 hr. - 58 mins. Rated PG

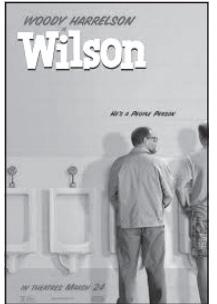
Sunday	Sept. 10	2 & 8* PM
Monday	Sept. 11	8 PM
Tuesday	Sept. 12	8 PM
Wed.	Sept. 13	2 PM*



## WILSON

1 hr. - 34 mins. Rated PG

Sunday	Sept. 24	2 & 8* PM
Monday	Sept. 25	8 PM
Tuesday	Sept. 26	8 PM
Wed.	Sept. 27	2 PM*



\* OPEN CAPTION



# \$2.00 ALL Times

## New Scam Targets 50-plus Floridians with Fake 'AARP' Electronic Medical-Alert Gimmick

A Florida AARP member has alerted the association to a new scam, in which a door-to-door sales representative pretending to be from AARP visited a Sunshine State manufactured-home park selling an electronic "medical alert system." "AARP does not send salespeople to your door to sell electronic medical-alert systems or anything else," said Jeff Johnson, AARP Florida state director. "If you encounter this scam artist, slam the door in his face. It's a rip-off."



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HAIRCUT .....	\$14.00 <sup>UP</sup> ...	\$14.00 <sup>UP</sup> ..	\$15.00 <sup>UP</sup> ..	\$16.00 <sup>UP</sup>
TOUCH-UP SINGLE PROCESS .....	\$22.00 <sup>UP</sup> ...	\$22.00 <sup>UP</sup> ..	\$22.00 <sup>UP</sup> ..	\$22.00 <sup>UP</sup>

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PRICE LIST MAY CHANGE  
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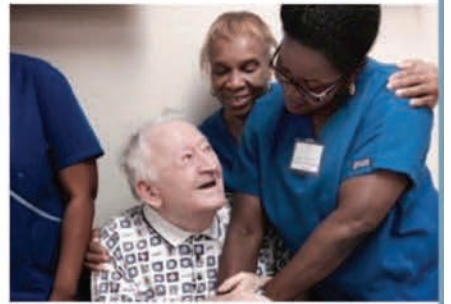


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visit our website: [www.insidernewspaper.com](http://www.insidernewspaper.com)

Articles that are submitted to the **INSIDER Newspaper**, must be clearly written, or preferably typed in upper and lower case and have a contact number for questions (not for publication).

**IT IS IMPORTANT**

that the information submitted is **TIMELY.**

Please watch dates!

Your photos are welcomed as well!

Our deadline is the 10th of the month preceding an issue.

**ex. Aug. 10th for Sept. issue.**

If the 10th falls out on a weekend, we will check the box

on the following Monday.

All articles collected after that will go in the following issue.

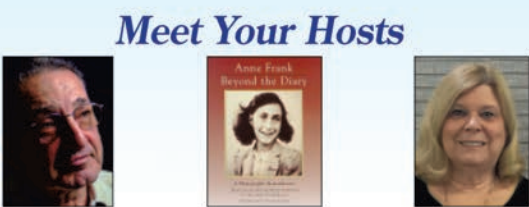
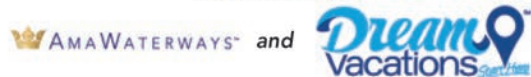
**Thank you, Insider Staff**

**Come Join Us and Experience History Come Alive!**

Join Anne Frank's dear friend as we walk the streets of Amsterdam where Pieter and Anne played as children. Pieter will continue his story as we sail the ENCHANTING Rhine to Basel, Switzerland.



Presented by:



**Meet Your Hosts**

**Pieter Kohnstam**  
Neighbor of Anne Frank and holocaust survivor. Author of the book "A Chance To Live".

**Rian Verhoeven**  
Historian and author of the book "Anne Frank Beyond the Diary".

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# SEPTEMBER CLASSES

**Monday**

Art for the Artist in You/Portraits (Lines): Starting September 11th from 1:00-3:00 PM for 3 weeks; \$37.50  
 Chair Yoga (Charland): Starting September 11th from 1:00-2:00 PM for 3 weeks; \$21.00 (skipping 9/4)



**Tuesday**

AARP: Tuesday & Thursday, September 5th and 7th from 9:00 AM-12:00 PM for TWO DAYS; \$15-\$20  
 Line Dancing (Levitan): Starting September 5th from 10:00-11:00 AM for 4 weeks; \$28.00



**Thursday**

AARP: Tuesday & Thursday, September 5th and 7th from 9:00 AM-12:00 PM for TWO DAYS; \$15-\$20  
 Mah Jongg (Levitan): Starting September 7th from 1:00-3:00 PM for 3 weeks; \$27.00 (skipping 9/21)  
 Canasta (Levitan): Starting September 7th from 3:30-5:30 PM for 3 weeks; \$27.00 (skipping 9/21)  
 Middle East Conflicts (Chesterman): Starting September 7th from 10:30 AM-12:00 PM for 4 weeks; \$32.00



**Saturday**

Yoga (Charland): Starting September 2nd from 9:00-10:00 AM for 5 weeks; \$35.00



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For more information, call Recreation at 954-978-2600, press 1. Register at the Recreation Office Monday - Friday from 8:00 AM-4:45 PM OR at the Business Center in the Country Club, Monday - Friday, 8:00 AM-12:45 PM and 2:00-5:00 PM. Classes are on a monthly basis and must be taken consecutively. Classes are subject to change. Refunds are not granted after the start of the second class.



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# City Matters

By Commissioner, Mikkie Belvedere

The hot month of August is behind us and I am looking forward to milder temperatures. Happy Birthday and Happy Anniversary to all celebrating this month.

September is a special month for me. I came to Coconut Creek because of a hurricane that destroyed the Island of St. Thomas, US Virgin Islands, where I lived for over 20 years. Hurricane Marilyn, September 15-16 of 1995, with winds over 100 miles per hour, left 11,000 people homeless, me being one of them. My home, my office and all that I had was gone. I was told by a friend in the Virgin Islands that Coconut Creek was an up and coming community, so I moved to the Township and started from scratch.

I volunteered my time by serving on city boards and learned many good things about the city and the vision for the future. I participated in the "Citizens Academy," a great program given by the city twice a year, with weekly classes introducing the city departments, how they work and what they accomplish. It is a wonderful way to get to know your city. If you would like to join the class, you can find information at: [coconutcreek.net](http://coconutcreek.net), or on the weekly Cocogram. You can also call City Hall for additional information.

My friend was right, Coconut Creek was a great choice, and although the city is growing, we try to maintain the family atmosphere. Our eighteen parks are a great source for sports, picnics, and playgrounds. We work hard to keep our parks and recreation centers beautiful. We are diligent



in keeping our infrastructure repaired and up to date. We welcome new businesses and new residents. We are happy to see the residents work, play and raise their families in the city.

September is also a special month because it has some interesting holidays. September 1st, Eid Al Adha, is one of the main annual holidays in Islam. September 4th, Labor Day, is a day to honor the American worker. We all remember September 11th, Patriots Day, September 18th, "Respect For The Aged Day," in Japan, and the Jewish holiday Rosh Hashanah, which is September 20th. The Jewish New Year is very special. It is celebrated at home and in Synagogues. The tradition of eating apples, dipped

in honey, signifies a "sweet year to come."

On September 16th, Coconut Creek will be celebrating the Fourth Multicultural Artsfest, from 11:00 AM to 4:00 PM at the Community Center; 1100 Lyons Road. It is free for our residents, sponsored by the city of Coconut Creek and the Multicultural Circle. Come enjoy a great day of fun, entertainment and festivities. The parking and admission are free. The family will enjoy beautifully displayed art by some of our best local artists, face painting, arts and crafts for the kids, dancing for adults, and all-day music by our talented DJ. This year's focus is the Caribbean. There will be food trucks with Caribbean food, raffles and more. Come join the fun.

For comments, questions and suggestions, call me at 954-803 7696 or email- [mbelvedere@coconutcreek.net](mailto:mbelvedere@coconutcreek.net). Have a great day and keep smiling.

Look for the "Front Row" article by Selma Glass in the October issue - See you next month!





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## How Can You Help!

By Roz Greenberg

The Magnet Program at Coconut Creek High School is looking for volunteers to help teachers and students achieve life skills, business skills and/or continuing education, which will prepare them for their future after graduating in the Medical Field. Call Roz 754-205-3283 or Myrna 954-978-6451 for more information.



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## A MESSAGE FROM MARTY KIAR

I am so excited about a new state law to help first responders, as well as other ongoing work happening in the Broward County Property Appraiser's office.

**First Responder's Disability Exemption:** The property tax exemption for certain totally and permanently disabled first responders and surviving spouse's bill was recently implemented. This bill allows for a Florida first responder who is totally and permanently disabled, because of injuries sustained in the line of duty to be exempt from taxation on their Homesteaded property. There are specific requirements for this exemption so please contact my office if you have any questions.

Because of this newly enacted Florida law, I had the privilege of signing up totally and permanently disabled Florida first responders for a full exemption from all ad valorem taxes. One of the first to receive this exemption was Howard, a former Broward Sheriff's deputy who became totally and permanently disabled while assisting other first responders at Ground Zero after the 9-11 attacks. Our first responders are true heroes and deserve whatever assistance we can provide, but more importantly our respect and appreciation.

**Estimate of Taxable Value:** On June 30, I certified the 2017 Estimate

of Taxable Value for the various taxing authorities. For months, the employees of our office have been working diligently determining the value of all property in Broward County. These property assessments are important because the property tax a property owner pays is determined by the assessed value of the property, less any tax-saving exemptions, times the millage rate, plus any non-ad valorem fees set by local taxing authorities. The tax roll certification I signed certifies that these values are accurate and correct.

In Broward County, there was an overall increase in taxable value of 9.32%, including new construction, with the taxable value for existing properties increasing 7.82% in the county. This increase is based on the sales from January 1, 2017 back through January 2, 2016. Florida law requires our assessments to be a year in arrears, meaning the current real estate market will impact the 2018 property assessments. These values are significant because they are used by the county, school board, cities and other taxing authorities to set their budgets for the upcoming fiscal year.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at 954-357-6904 or by email at [martykiar@bcpa.net](mailto:martykiar@bcpa.net).



# Dear Dr. Joy...

By Joy Berke Sanchez, PhD

As some of you know, my articles have been in the Wynmoor newspaper for the past four years. They have all been reprinted from a New Jersey newspaper where they appeared from 2003 through 2011. We have run out of these articles and I have been asked to write

new ones. The format has always been question/answer so I am asking you to send in questions that you think would be appropriate for Wynmoor readers. They will be completely anonymous and answered in the Insider monthly.

This month, however, I'm going to address my favorite subject, happiness. I have a new book out called the "Pursuit of Happiness" and I'm just going to give an overview and throw some ideas out. This is not an advertisement for the book but a good topic nonetheless.

It is most likely true that people have wanted to be happy since time began. Perhaps definitions and means have changed but the desire is still alive. Maybe there have been those who knew exactly what they were looking for to fulfill this goal but for most, happiness seemed always to be around the next corner; the next property, meal, person, achievement. Even those who knew what they were looking for and found it, were then always looking for more. Now, there's nothing wrong with more. It is built in to our psyches. But

the constant searching doesn't really work in achieving long term, steady state happiness unless that happiness or satisfaction exists while more is being sought.

How many times have you heard people say, "Happy? What's happy? Who's happy?" It seems to be accepted by many people that this is a very elusive state and that to chase it is childish and foolish as well as futile.

For myself, I have always been attracted to philosophies that expounded personal happiness as a basic goal and value. Emotional darkness or even a light grayness never appealed to me. I didn't have a clear definition back then of what was meant by the term, "happiness: but I had a deep feeling that it existed and that I wanted it. So, I'm wondering if you have your own definitions and a way of achieving steady-state happiness. Do you have any ideas of where these feelings come from and how to get and/or maintain them? Do you think being happy is a value? How about satisfaction, contentment, inner peace? These are just some ideas to ponder while you are thinking of a question that you would like to submit to the Insider for next month. Without new articles, you will have to rely on my imagination and my smart friends. You can also send them directly to me at [JoyB212@aol.com](mailto:JoyB212@aol.com).

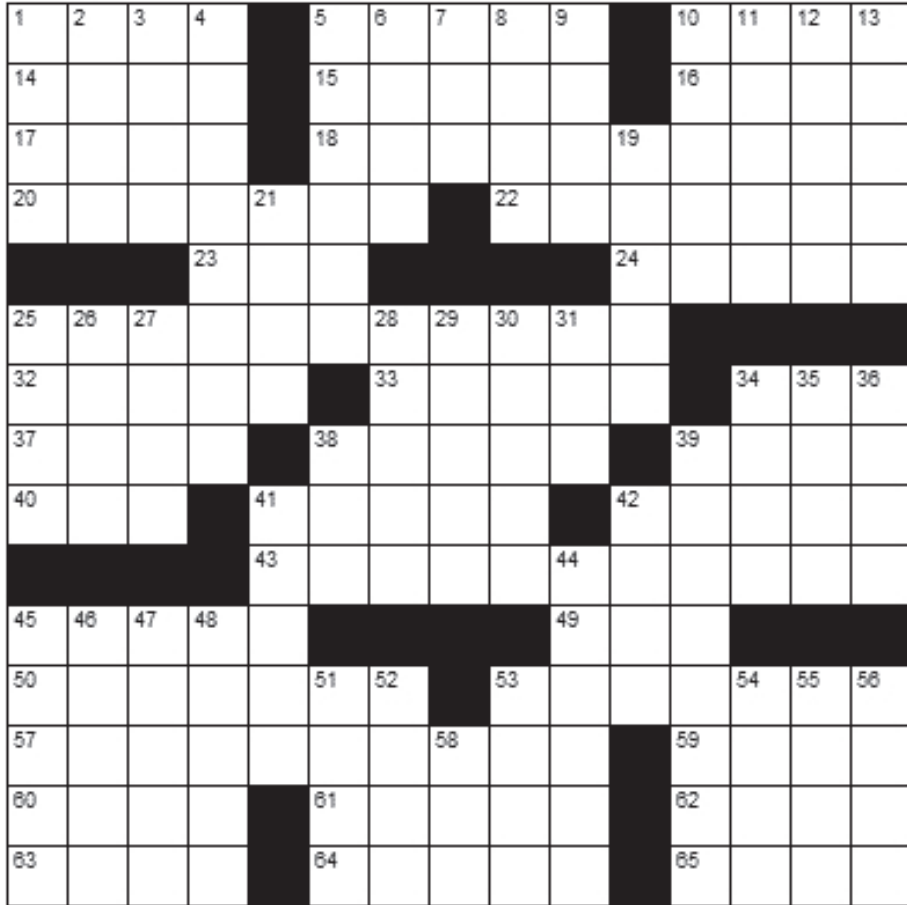
I hope you all had a wonderful summer. As I write this, I am in the beautiful town of Camden, Maine in the public library overlooking a beautiful harbor. And yes, I am certainly happy. See you all mid-September.



# Puzzles and Games

Solutions on page 57

## Crossword Puzzle



**ACROSS**

- 1. An upright in a wall
- 5. Curtain
- 10. Does something
- 14. Cut back
- 15. Cowboy movie
- 16. Fuss
- 17. Backside
- 18. Dark-colored igneous rock
- 20. Take aback
- 22. Set free
- 23. Tiny
- 24. Annoyed
- 25. Besieged
- 32. Willow
- 33. Climb
- 34. Timid
- 37. Territory
- 38. Dye with wax
- 39. Type of sword
- 40. Not in
- 41. Heroic tales
- 42. Reject
- 43. Preordains
- 45. Chopin composition
- 49. 2,000 pounds
- 50. Restoration

53. Cringed

- 57. Unchallenged
- 59. Lawn mower brand
- 60. A grimace
- 61. Jargon
- 62. A dog wags one
- 63. 3
- 64. Wash out with a solvent
- 65. At one time (archaic)

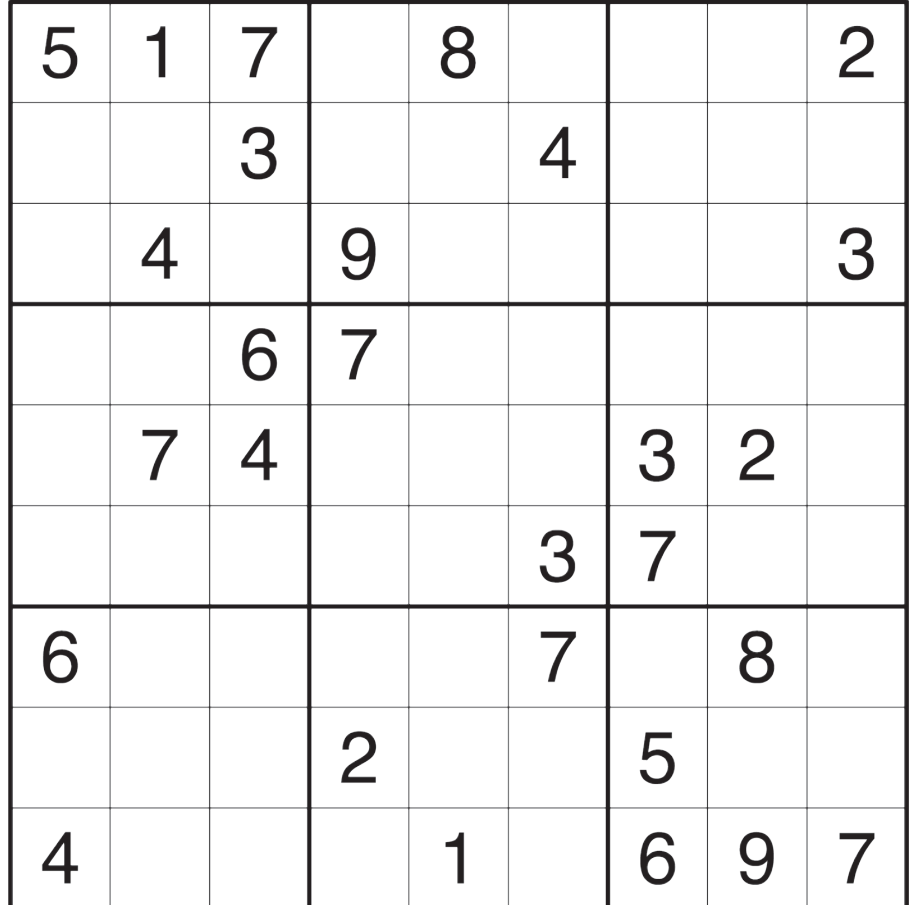
**DOWN**

- 1. Resorts
- 2. Sourish
- 3. Constellation bear
- 4. A bushlike herb
- 5. A type of golf hole
- 6. Unusual
- 7. Consumed food
- 8. Equal
- 9. Sea eagle
- 10. Not before
- 11. Frog sound
- 12. Anxious
- 13. Horse
- 19. Skid
- 21. Rip
- 25. Western tie

26. Brother of Jacob

- 27. Fluff
- 28. Habitual practice
- 29. Toward the outside
- 30. Lift
- 31. Antlered animal
- 34. Twirled
- 35. Not there
- 36. Cravings
- 38. Tavern
- 39. A cage for fattening fowl
- 41. Expels
- 42. Put away
- 44. Heavy and filling food
- 45. Blow up
- 46. Adult male singing voice
- 47. Unwarranted
- 48. Divinity
- 51. Church alcove
- 52. Quiet time
- 53. 1/100th of a dollar
- 54. Lion sound
- 55. Anagram of "Sire"
- 56. Airhead
- 58. Letter after sigma

## Sudoku



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Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

## Dance crazes

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



- |               |            |             |           |            |
|---------------|------------|-------------|-----------|------------|
| BALLROOM      | BALLROOM   | HAND JIVE   | QUICKSTEP | TEXAS TWO- |
| BOLLYWOOD     | BOLLYWOOD  | HIP HOP     | RIVER     | STEP       |
| CALYPSO       | CALYPSO    | HOKEY POKEY | ROBOT     | THE BUNNY  |
| CHA CHA       | CHA CHA    | JITTERBUG   | RUMBA     | HOP        |
| SLIDE         | SLIDE      | JUMP ON IT  | SALSA     | THE HUSTLE |
| CHARLESTON    | CHARLESTON | LIMBO       | SAMBA     | THE JERK   |
| CHICKEN       | CHICKEN    | LINDY HOP   | SHIMMY    | THE        |
| DANCE         | DANCE      | LINE        | SINGLE    | RUNNING    |
| DA DIP        | DA DIP     | MACARENA    | LADIES    | MAN        |
| DISCO         | DISCO      | MAMBO       | SQUARE    | THE TWIST  |
| DO THE DOUGIE | ELECTRIC   | MERENGUE    | DANCE     | THRILLER   |
| SLIDE         | SLIDE      | MODERN      | SUZIE Q   | VOGUE      |
| FLAMENCO      | FLAMENCO   | MOONWALK    | SWING     | WALTZ      |
| FOOTLOOSE     | FOOTLOOSE  |             | TANGO     | WATUSI     |
| FOXTROT       | FOXTROT    |             | TAP       | YMCA       |
| GANGNAM       | GANGNAM    |             |           | ZUMBA      |
| STYLE         | STYLE      |             |           |            |

## a WORD or Two

**Word: splenetic**

**Definition:** marked by bad temper, malevolence, or spite

**Example:** Drew emailed the article to Kara, warning her to avoid the *splenetic* comments at the bottom of the page.


**Word: inhere**

**Definition:** to be inherent : to be a fixed element or attribute

**Example:** "Rights are not gifts; they do not need to be earned. Rather, they *inhere* in the human condition."

— *The Richmond (Virginia) Times Dispatch*, 15 Mar. 2017





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## Is Your Portfolio Truly Diversified?

Life is full of ups and downs and the financial markets are no different. As an investor, you're no doubt happy to see the "ups" but the "downs" can seem like a real downer. Isn't there any way to help smooth out the volatility in your investment portfolio?

First of all, to cope with volatility, it's helpful to know what causes it and there can be many causes. Computers that make trades in milliseconds, based on mathematical models, are sometimes blamed for intraday volatility. Large price swings can also occur following the release of government economic reports, such as those dealing with unemployment and housing starts. Global events, such as the European economic malaise, can also send the financial markets into a tizzy.

By being aware of the impact of these events, you can see that the workings of the markets (especially their volatility) may not be as mysterious as you thought. Still, while knowing the causes of volatility can help you *prepare* for market swings, it won't blunt their impact on your portfolio. To do that, you need to create a diversified mix of investments because your portfolio can be more susceptible to negative price movements if you only own one type of asset.

**To illustrate:** If you owned mostly bonds, and interest rates rose sharply, the value of your bonds would likely drop, and your portfolio could take a big hit. But if you owned stocks, bonds, government securities, certificates of deposit (CDs) and other investment vehicles, the rise in interest rates would probably affect your portfolio less significantly.

Unfortunately, many investors think that if they own a few stocks and a

bond, they're diversified. You can actually extend your diversification through many levels and you should. For the equity portion of your portfolio, try to own stocks representing many market sectors and industries. Also, consider international stocks. And rather than just owning U.S. Treasury bonds, consider corporate bonds and municipal bonds, and diversify your fixed-income holdings further by purchasing short-term, intermediate-term and long-term bonds. Work with your financial advisor to determine the mix of asset classes and investments that are appropriate for your financial goals and objectives.

How you ultimately diversify your portfolio depends on your risk tolerance, time horizon and long-term goals. There's no one "correct" asset mix for everyone. And over time, your diversification needs may change. To cite one example, as you enter your retirement years, you may need to increase your percentage of income-producing investments while possibly reducing the amount of growth investments you own. These growth-oriented investments tend to be more volatile, and you may want less volatility during your retirement. However, even during retirement, you will need to own a certain percentage of growth investments to provide you with the growth potential you'll need to stay ahead of inflation.

Keep in mind that diversification can't guarantee a profit or protect against loss. Nonetheless, building a diversified portfolio may help take some of the volatility out of investing, so look for diversification opportunities whenever possible.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. See our ad on page 43*

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# LIVING IN BALANCE



By Debbie Cohen, LCSW

## Calmness and Breathing Tips

It can be annoying when you have stress and someone says to you, "Just breathe." Most people are already breathing! But there are forms of breathing that can keep us agitated or increase it. For instance, sometimes we breathe with the upper chest and our shoulders are raised. The breaths are short and jerky. This can result in the back being tight as well. We aren't using diaphragmatic breathing.

Often when we are worried, we are breathing shallowly and don't realize it. We also tend to hold our breath in and aren't inhaling and exhaling rhythmically. A good way to practice is to get on the back and place a pillow on top of your belly. Feel the pillow rising and falling as you breathe. When you watch a baby breathe, you can see the lower belly rising and going down.

A lot of people want to appear to have a flat stomach, so hold it in, rather than engage in breathing deeply. Our culture promotes this, but "chest breathing" can increase anxiety and daily tension.

Thich Nhat Hanh said, "**Feelings come and go like clouds in a windy sky. Conscious breathing is my anchor.**" It is easier to let difficult feelings come and go when we aren't holding in our breath. Perhaps on an unconscious level, we think that if we hold our breath in, we can keep the situation from going in a direction we don't like. Sometimes kids will threaten to hold their breath if they don't get their way.

What can you do when your mind keeps going over a problem and it seems impossible to let go? Take a few minutes for deep belly breathing with the pillow on your stomach. Then try to think about the best way to handle it and take those necessary steps. Look at situations where you have been able to let go in the past. What helped you before? Was it talking to someone, a certain type of exercise or watching a movie binge? Think about situations in the past you thought would never resolve and see that they did. Did you magnify some of your worries to be bigger than they were? The mind tends to do that.

Singing is a good way to release tension and forces us to breathe deeply, in fact, people I've spoken to tend to get panic reactions reported that singing helped to dissipate their anxiety. During singing, we are focusing on something other than our own concerns, so we aren't feeding our worries. It's easy to get self-conscious about singing, but taking a shower or driving while listening to music are two places to try this. Don't compare yourself to famous singers or criticize your vocal tone or range. This is not an audition! In fact, it's good to laugh if your voice is cracking, the pitch is off or the notes are flat! We tend to make everything a competition and take ourselves too seriously. Watch the mind if it starts to judge your singing and laugh at how it likes to play these tricks.

Russ Harris said, "**Slow breathing is like an anchor during an emotional storm: the anchor won't make the storm go away, but it will hold you steady until it passes.**"

I find it useful each day to have gratitude that I still am breathing. We are alive, we have a new day and the opportunity to have experiences that will unfold. What a gift.

Debbie Cohen, LCSW, is a licensed social worker in Coconut Creek. Write her with any questions you have as well as topics for future issues at quietmind2000@yahoo.com

## Canasta Tournament

By Ann Elkin

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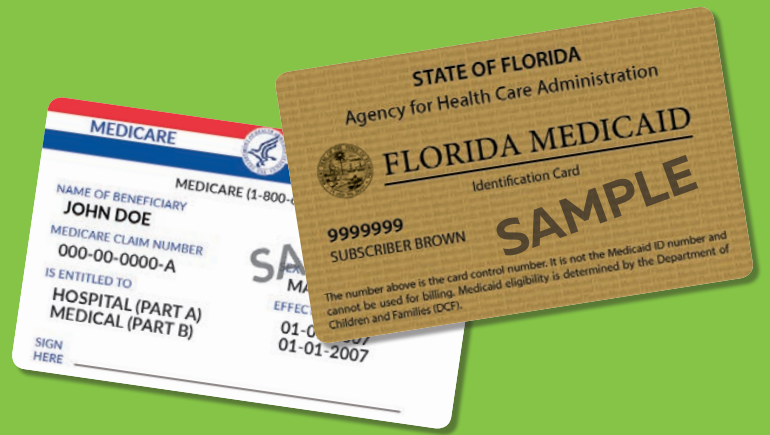
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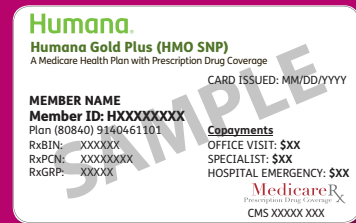
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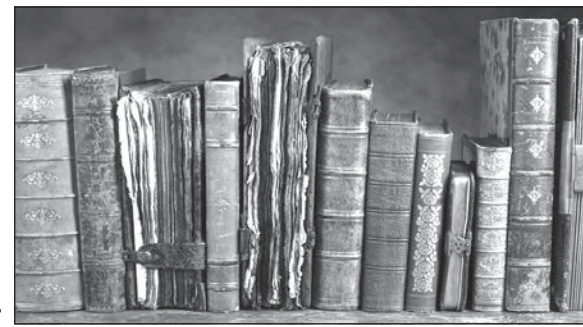
BRO 9/17



# HISTORY CORNER

By Phil Edwards

## Anne Hutchinson: Trapped in Religious Freedom



It was different in those days. Anne Hutchinson was born in 1591 and was killed fifty-two years later with six of her fifteen children. She was bright, educated, courageous, honest, and was not supposed to do the things she did.

In 1534, Henry VIII, King of England, declared himself head of the Church of England. He had a falling out with the Roman Catholic Church because the Pope rejected Henry's request to have his marriage to Catherine of Aragon annulled so he could marry the younger Anne Boleyn. This caused concern for many of the faithful in England.

Anne Hutchinson's father, Francis Marbury, was a minister in the Church of England, Cambridge educated, and a school master. He fell out of favor with the powers that were and was jailed. He then was kept under house arrest for years due to his outspoken criticism of the church. This benefited Anne, since females were not allowed an education. She was taught by her father in academics, but also in theology.

At the ripe old age of 21, Anne married William Hutchinson, a well-to-do merchant. Together, they followed the teachings of a Puritan preacher, John Cotton, who was also at odds with the established Church of England. Cotton was persecuted by the church and state and was forced to flee to the American colonies. Along with many others, Anne and her family left England and followed Cotton to the Massachusetts Bay Colony in America.

They settled in Boston and bought a home across the street from the governor of the colony, John Winthrop. William continued as a successful merchant and Anne was the local midwife and herbalist. Both were respected and influential in Boston. Winthrop had migrated to Massachusetts promising his followers, "We shall be as a city upon a hill, the eyes of all people are upon us.... we are a model of Christian charity." As Anne soon discovered, the city on the hill had some very dark and nasty back streets.

Anne sat in church week after week listening to sermons that she increasingly questioned. She and others began what came to be referred to as the antinomian controversy. She claimed that people are saved by grace alone and their standing before God does not depend upon good deeds. Before long, she was leading discussion groups in her home after the sermons. At first, these meetings consisted of only women and were not considered a problem. In a short period of time, the number of attendees reached eighty persons and included men. Winthrop and the local Puritan ministers raised objection to these meetings because Anne and others were criticizing the sermons and questioning the integrity of the clergy. She was warned repeatedly to desist from her criticism of the church and its leaders. Winthrop informed her that women were not intellectually capable of thinking deep theological thoughts. He claimed such practices would hurt women physically. This line of reasoning quickly fell by the wayside as Anne demonstrated excellent knowledge of the Bible and could defend all her positions and counter challenges and accusations that were put to her.

As a last resort, Winthrop and the clergy told her it was "unbiblical for

women to teach men." She persisted and was eventually ordered to stand trial for heresy and sedition. Since she did not repent, Anne was found guilty and was not only excommunicated from the church, but also banished from the Massachusetts Bay Colony. Anne and others discovered that religious freedom in America had some of the same drawbacks as the Church of England. Religious freedom in America really meant that you must believe what the leaders believe, act according to the leadership's dictates, and do what the leadership says to do.

In 1638, Anne, with her family and other followers, moved to Portsmouth, Rhode Island and joined a Dutch colony overseen by Roger Williams. Four years later, William Hutchinson died and Anne, feeling the encroaching influence of the Massachusetts Bay Colony, moved her family again further into the hinterland, to what is today Pelham Bay Park, in the Bronx of New York City. The native tribes of New York conflicted with the newly arrived European settlers. During an uprising, Anne and six of her children were massacred. Her nine-year-old daughter, Susanna was captured, but returned to the family several years later.

When John Winthrop heard the news, he declared the deaths of Anne and her children, as well as the miscarriage Anne had suffered the previous year, an act of God in punishment for her insolence and disobedience. He called her "a great imposter and an instrument of Satan." Winthrop demonstrated that religious freedom is not without opinion. However, in 1987, she was pardoned by Governor Michael Dukakis of Massachusetts. At the end of the day, Anne received her religious freedom.

It seems that no matter what the religion one believes or in which country one resides, freedom of religion is a condition of the heart, not a piece of legislation from the state or a religious governing body.

For comments, go to Phil's website, [chooserrightly.com](http://chooserrightly.com) and click, "Article of the Month."



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# PETE'S SLICE of LIFE

# My Very Unusual Day

By Peter Hardis



During the month of August 2001, there was a dangerous heatwave in the northeast. This article is about a very unusual day I spent when this heatwave occurred.

My daughter's air conditioner broke down; The temperature in her apartment reached as high as 115 degrees; This temperature was much too unsafe for her and her family so they all came to stay with us; Unfortunately, I was the one chosen to go to her house as early as 6:30 the next morning to wait for the repairman.

I arrived at her apartment building in White Plains, NY around 6:30 in the morning. I had to find street parking because only residents were permitted to use the building's parking lot. I found a spot and just as I was pulling into it my cellphone rang; "Dad, please remember that you CANNOT leave the apartment until the repairman shows up because you have to buzz him up. DO NOT even think of leaving for any reason! Dad, don't try to open any of the windows because they are all stuck shut; Dad, I'm sorry but all the fans are locked up in the storage room and I lost the key so don't bother looking for them; Dad, you must clean out the cat's kitty litter box. Leo won't go in it if it's dirty and if he doesn't use the litter box he will go all over the floor; Dad, Leo eats his lunch at 12:30 PM. His food is in the pantry. He only eats the Fancy Feast Gourmet Tuna for lunch. Make sure you feed him at exactly 12:30 PM, that's when he has his lunch; Dad I didn't have time to go shopping so there is no food or nosh for you to eat but you absolutely

cannot forget to feed the cat. Dad look to see if Cayla's 'Robby the Rabbit' is on her bed. We forgot it and she's very upset. Do you see it on her bed? WHAT!!!! I'M DYING! YOU ARE NOT IN THE APARTMENT YET!!! Mom he's not even there yet!! Hold on I'm putting mom on. 'Pete, what is wrong with you!? You were supposed to be in the apartment no later than 6:30 AM. It's almost 7:00 AM. What if the air conditioner man came already and you weren't there? Don't you dare mess this one up the way you mess everything else up! We are so upset with you! Just get yourself up there and do what we sent you to do!' Then she hung up on me.

There is no way I can describe to you how hot her apartment was. Maybe this will give you some idea; I don't think I ever saw a cat sweat before but Leo's forehead was dripping wet with perspiration; sweat was pouring down his face and his paw pits were soaking wet. He looked up at me and in "cat talk" said, "Pete you've got to get me out of here fast! I'm sweating like a pig and I know I'm going to die!" Then within a few minutes I was also drenched. I said to Leo, "Leo we have an important job to do here and if I mess this one up your mother and definitely my wife will never speak to me again. It's obvious they don't care if I die while doing it and I'm beginning to think that there is a very strong possibility that I might."

After cleaning out Leo's litter box and after Leo had his lunch I took off all my clothes and put a cold compress on my forehead. Then Leo and I sat on the couch and we watched "The Young and The Restless", "Oprah" and "Judge Judy", then we dosed off. At about 5:30 PM, 11 hours into this nightmare, we were startled awake when we heard the buzzer. "This is Forever Cool. Great! I'll buzz you up."

The doorbell rang, "Forever Cool here." I opened the door. He said, "Don't take this personally but if you were a naked woman I would come right in however you are naked man so you better get dressed. I'll give you exactly 30 seconds to make up your mind about putting some clothes on. If you take any longer I'll be on my way to my next job." I did and he came in. "This place is worse than a steam bath! I'm surprised you are still alive." I said, "My wife had high hopes that

I wouldn't be."

He climbed through the crawl space and came out in less than a minute. "The compressor is gone. I'll call your daughter and tell her she needs a new air conditioner." And he was gone. Then I called my daughter, "The guy said you need a new air conditioner. He's going to call you. Now I'm getting myself out of here! Dad I'm putting mom on, "Pete, you can't leave until you do all the following things your daughter says you must do: You must throw the dirty kitty litter bag out in the large dumpster located in the parking lot; You must go back up; You must pack up 10 cans of Leo's food; You have to get the big bag of kitty litter and the litter box to bring here. Bring them both down to car; You must go back upstairs and put Leo in his traveling cage and put him in the backseat of the car. Do all these things as soon as possible and don't mess up!" I said, "Tell my daughter that everything she wants me to do have been on my 'bucket-list' for the longest time. Now on this wonderful day of my life she is giving the opportunity to fulfill all my dreams. Please thank her for me! "Pete, why are you such a nasty man?" Then she hung up on me.

I went down to the parking lot where there was this huge commercial sized dumpster. I flung the dirty kitty litter bag up over its top. As I dug into my pockets looking for my car keys and the apartment key my entire body froze solid. It began to dawn on me that along with the litter bag I threw all the keys into the dumpster also. How will I ever be able to get the cat and all his things out of the apartment? Even if I could how can I drive home if I don't have any car keys? Then I noticed this wooden crate on the ground. I decided to stand on it to look down into the dumpster. Yes, the keys were there all the way down on the bottom. I climbed up onto the top edge of the dumpster. I lost my balance and went flying down into the dumpster. The dumpster was so deep that I couldn't even look out over its ledge to see anything. I was so frightened. How was I going to get out of this thing? I decided to call my wife, "Pete what is it now? Are you and the cat on your way back here? Where are you now? Right now, I am inside of a dumpster." Then she hung up on me.

I was sitting in a pile of garbage

trying to figure how I was going to get out of the dumpster. No matter what I tried I just couldn't lift myself high enough to get my legs onto the top ledge so I could jump out. I finally decided to call 911.

"911 emergencies. What is the emergency? I fell into a dumpster and I cannot get out. If this is a prank call you can be arrested. Now please tell me what is your emergency? I swear this is not a prank call! I am in the parking lot at 1278 Wiley Avenue. There is a huge dumpster here and I cannot get out of it! Please could you send someone over to help me?" Within 6 minutes of my call I could hear the fire engines roaring down the streets with their loud sirens blaring and then I could tell that they were in the parking lot. I looked up from inside the dumpster and I saw this fireman looking down at me.

I tried to explain to him how all this all happened and he immediately cut me off. "Tell me, do you think that jumping into a dumpster is a normal thing to do? You mean to tell me you couldn't think of a more normal way to handle this situation other than jumping into a dumpster?"

Finally, they pulled me out. While I was brushing off the garbage that accumulated on me during my stay in the dumpster I noticed 2 very angry looking police officers standing right in front of me.

"We will have to take you downtown to police headquarters." While they were putting me into the back seat of the patrol car they intentionally made sure to bump my head into the roof of the car.

All the time when I was at the police station I was shaking uncontrollably. I kept thinking about what terrible things they could do to me based on my crime of falling into a dumpster. What are they going to do to me? As I was sitting in the interrogation room my phone rang. "Pete where are you now? Why aren't you home yet?"

"I am in the White Plains police headquarters waiting to see if they are going to throw me in jail. You want to know something and you can share this with my daughter also, I feel more fortunate and safer that I am here rather than in your hands where I just might have wound up in a coffin."

Her reply, "You just better pray that Leo is ok because if he isn't....."

Click, I HUNG UP ON HER!!!!!!

## Attention Kinder Train Survivors

By Lynne List

With the advent of the Supper Club's drama presentation of the show "Kindertransport," I received a phone call from a lady who was on the Kinder Train. She said she was sent to Israel and her sister was sent to England. She is anxious to know if any other residents were on the Kinder Train, and particularly, if they were sent to Israel. If you were, please call me at 954-973-1223 (speak clearly, slowly, and repeat your phone number) or email me at [LLIST@juno.com](mailto:LLIST@juno.com). I will be happy to give complimentary tickets to the show to anyone who was on the Kinder Train. I hope to hear from you.



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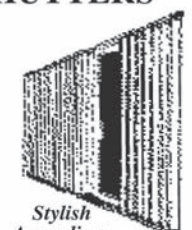
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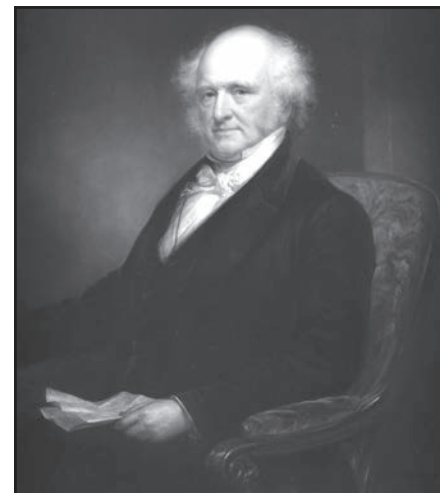
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# A Majestic State Capitol Worthy of Accolades

By Barry Issac

This summer, I returned to Albany, New York. I was very impressed with the splendid interior and exterior architecture of the New York State Capitol Building. It is a splendid blend of Gothic, Romanesque, and Moorish architecture. I especially appreciated the Senate, Assembly and Western Staircases, as well as the Senate and Assembly Chambers in this building. The interior and exterior architecture were collaborative works done by Leopold Eidlitz and Henry Hobson Richardson. Annette McKinney and I, went on a free guided tour of this State Capitol and appreciated our guide's knowledge of New York History and Hudson River School paintings. In the building's Hall of Governors, we saw fine portraits of former New York State Governors such as, Daniel Huntington's, "Martin Van Buren," Eastman Johnson's "Grover Cleveland," French Naturalist Painter, Leon Bonnat's "Myron Clark," and Ritter Von Krumhaar's "Theodore Roosevelt."

In this building's Hall of New York State, we saw fine oil paintings which depicted the beauty of New York State as well as the auspicious Majesty of New York City in the early 20th Century. Painters well-represented in this section of the New York State Capitol were; Jasper Cropsey ("Greenwood Lake, Pastoral Scene" Major Hudson River School Painter), Homer Dodge Martin ("Lake Champlain"), John Culverhouse ("Syracuse by Moonlight," awesome light effects) Everett Warner ("Manhattan Contrasts" 1917), Rockwell Kent ("Mountain Road"), Colin Campbell Cooper ("5th Avenue. New York City," early 20th Century work), and George Gach ("Jones Beach"). The New York State Capitol is a very special State Capitol, even though Albany is dwarfed by the amplitude of New York City. I also recommend exploring around the adjacent Empire State Plaza and enjoying the beauty of this part of Albany.



**"Martin Van Buren"**  
By Daniel Huntington



**"New York State Capitol"**  
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# Are You Spending Your Money Wisely On Car Insurance

By Martin Zevin, Attorney

I am not an insurance agent. I am an attorney who has been practicing Personal Injury Law in Florida for over forty years.

I have negotiated settlements for injured clients with almost every insurance company that does business in Florida. As part of my representation, I need to obtain and study the insurance coverages available for my client, the owner and driver of the vehicle in which my client may have been a passenger, as well as the insurance coverage of the driver of the vehicle who was at fault and the owner of that vehicle (if different than the driver).

Many people don't realize that the insurance covering their own cars may be helping someone else more than it is helping them. To save money, people elect 100/300 (\$100,000 per person, \$300,000 per occurrence) for bodily injury liability, but only \$10,000/\$20,000 for uninsured motorist. This means that, if you are at fault for an accident, the other driver and any passenger can make a claim for up to \$100,000 per person without you having any personal liability; however, if you are injured by someone else's negligence, the most that you can obtain as a settlement from your own uninsured motorist coverage is \$10,000.

Therefore, the first thing that you should do in reviewing your car insurance is to be sure that you have at least the same amount of uninsured motorist coverage as bodily injury liability coverage. I recommend at least \$100,000/\$300,000. If you can afford more, you can elect \$250,000/\$500,000 or a \$1 million umbrella policy. Be sure to include uninsured motorist in the umbrella policy. Do not try to save money by electing a lesser amount of uninsured motorist coverage; you are going to end up regretting your decision if you are injured in an accident which is someone else's fault. Uninsured motorist coverage is the most important coverage you can have in Florida because it protects you not only from drivers who have no bodily liability coverage, but also from those who do not have enough coverage to compensate you for your injuries and your pain and suffering. In addition, if you own more than one vehicle, always elect to "stack" the uninsured motorist coverage. It is very inexpensive to do so. If you have two cars, it doubles your uninsured motorist coverage; for three cars, it triples the coverage. This gives you much more protection for a very low additional premium.

You do not have to wait for your premium renewal to increase your uninsured motorist coverage or to add stacking. Your agent will provide you with an election form for the additional coverage and then you will get a prorated bill.

If you want to save money on your car insurance premium, look at your deductible for collision coverage. Many people pay a substantial portion of their premium to cover damages for an older car and elect a low deductible (between \$100 and \$500). Let's assume that you have a car that is ten years old. You are paying a total premium of \$1,200 every six months. Of that amount, \$400 is going for the collision coverage with a deductible of



\$500. One day, you back out of your driveway and hit a tree. This results in \$800 of damage to your bumper. Are you really going to put in a claim to your insurance company for the \$800.00 repair minus the \$500 deductible, resulting in a net claim of \$300 reimbursement to you? I strongly recommend against doing so, because you will then have a claim against your record for negligent driving. This will not only be likely to result in an increased premium the next time your coverage comes due, but also be a negative claim against you for all future car insurance coverage. Therefore, do not make a collision claim unless your damage is very substantial.

For a ten-year old car, it is also likely that a serious collision will result in your car being totaled, since the costs to repair the car would be more than 75% of its replacement value. My recommendation for collision

coverage is to elect a deductible of \$1,000 for newer cars and to consider eliminating collision coverage completely for older cars. Remember, if it is the other driver's fault, he is required to have property damage liability insurance of at least \$10,000 to cover repairs to your vehicle. It is much wiser to spend the money that you will be saving by eliminating collision coverage and put it toward increasing your uninsured motorist coverage, which is protecting yourself rather than your car.

It is also very important to shop around on a yearly basis for the best car insurance rates. There is a huge range of premiums for the same insurance. I offer all clients a free consultation to review their car insurance in detail and recommend changes. I also provide a list of several insurance companies that I consider to be reasonable and even generous, based on my experience in settling personal injury claims with those companies, including PIP claims for payment of medical bills and lost wages, as well as uninsured motorist claims. Just because you have been a loyal customer of an insurance company does not mean that you will be treated any differently than someone who has been with that company for only a month. Once you make a claim, you will be assigned an adjuster who knows nothing about you other than your claim number. Your insurance agent will have nothing at all to do with processing your claim.

Also, if you have been with the same company for several years and they keep raising your premiums, ask if they have a "re-rating" department to give you a different quote. You could save hundreds of dollars by being re-rated and getting a new policy with the same company.

Please feel free to call me for a free personal or phone consultation regarding any issues pertaining to personal injury claims and car insurance coverage. Even if you have not been injured, I will be happy to provide you a free consultation to review your car insurance and recommend insurance companies to contact for free quotes. I am also available for Wills, Trusts and Estates.

Call me at 954-569-4878. My address is: 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is: [www.martinzevinpa.com](http://www.martinzevinpa.com). My e-mail address is: [martinzevin@netzero.com](mailto:martinzevin@netzero.com) See ad on page 7



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# INSPIRATION STATION

By Diana Stone, M.A.

## Tips To Keep Your Summer Vibe

Dear Reader,

Even as the memories of a slower paced sundrenched summer subsides and gets replaced with the productivity of a bountiful fall season, we can hold onto our summer loving vibe by remembering a few relationship tips. I offer these pointers with the intention of you, my sweet readers, staying at your highest, most loving vibrational state. When we are radiating love and joy, we have the capacity to light up a town! Conversely, when we are caught up in distressing thoughts, we trample not only our own joy but we dim the lights of those around us too! So, for the sake of humanity, please take heed!

**1. Give the Benefit of the Doubt!** It is understandable that when dealing with family members and colleagues, we develop unspoken or agreed upon expectations. When someone does not seemingly follow through, like helping unload a car full of groceries or show up for a weekly meeting, it can be interpreted that such person dropped the ball or completely zoned out on something we believe is important. How we respond to such moments makes all the difference between a happy conclusion and a divisive one. By gently reminding our family to help us bring in the groceries or calling our colleagues to join in, we are extending the proverbial olive branch. On more than one occasion, I have discovered that what I initially thought was poor manners on the part of my loved ones, was in fact, acts of kindness in the making and I was so relieved I had given the benefit of the doubt and trusted the innate good intentions of my family. On one occasion, my young daughter had run into the house empty handed knowing we had a full car to unload. She came out moments later with a band-aid for me because she saw I had a cut that needed tending to. I was so relieved I had not screamed for her to report to duty! There will be times we can gently confront a pattern of behavior that is not aligned with our family or corporate expectations, but initially, give each person the benefit of the doubt!

**2. Don't take it personally!** My husband is an absolute expert at this! As the Headmaster of an elite private school, part of his job includes conducting meetings with parents or teachers who are extremely upset and dissatisfied by the answers they have received so far! Exasperated emotions have a way of

sounding remarkably personal especially when sentences start off with "YOU PEOPLE DON'T UNDERSTAND!" My husband never grows defensive which would only further fuel the fire! Instead, he trusts he will be part of the solution and he calmly allows his office to be a safe place for people to vent their raw emotions and no matter what graphic language is thrown his way, he refuses to engage on that level. He is very matter of factly which validates the emotions and seeks to help find a resolution that is fair, peaceful and thoughtful for all parties involved. If he, even for a nano-second, allowed himself to feel personally attacked, he would not be able to think clearly and collaborate all the details that most resolutions call for!

**3. Observe how you use your time!** Feeling overwhelmed never brings out the best in anyone! Just for one day, notice all the little and big rituals you do and pause to ask yourself if they make for a better quality of life for yourself, your loved ones or your clients. Sometimes we do things out of habit that are not necessarily enhancing anyone's life, yet the energy exerted to fulfill these tasks is taking away from other more meaningful projects or activities. One small example was my belief that as a stay-at-home-mom, one of my daily jobs was to freshen up each room by making beds, wiping down counters, tidying up each bathroom. Since we still have a full house doing my "rounds" took hours of each day and after consulting with my family, I discovered only my husband cared about our made bed and fresh towels... score one for the kiddos... I just gained 90 minutes of my daily life back! Certain tasks give us energy and others drain us! NOTICE!

**4. Be Spontaneously Playful!** One of the surest ways to keep everyone's vibration high and playful is to offer a spontaneous gesture of playful energy! My kids love it when I put on a fun song like "I'm your boogie Man" by KC and the Sunshine Band and start a dance party! Within seconds, we are all dancing and laughing!

**Life is short, Be Playful!**

With love, Diana

Diana Stone, M.A., is a Wellness Consultant and inspirational writer and speaker. Connect with her at [dianalynnstone@me.com](mailto:dianalynnstone@me.com) or [www.dianalynnstone.com](http://www.dianalynnstone.com)



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# SUPPER CLUB

By Lynne List

Are you checking your e-mail box? The Flyer and order form for the fantastic musical *The Fantastics* is being sent out early in September. To view the flyer in a smaller size, click on the attachment. To get the order form, scroll down. The earlier you get your order in, the better the table you will get, which is assigned on a first come/first serve basis. Advanced orders will be accepted until December 15, 2017. If you don't have an e-mail, the order form will be in the Country Club's library carousel in November. All orders MUST indicate the date of the performance you wish, the names of the people at your table, the choice of food, a check made out to "The Supper Club" and a self addressed stamped envelope so the tickets can be mailed back to you. The cost is \$32 per person.

There will be 3 performances: Tuesday, February 27th, Wednesday, February 28th and Friday, March 2, 2018. The Curtain Call Playhouse, a travelling professional troupe that has been in existence for 21 years, will be presenting the show.

The show is a timeless fable of love, with two fathers trying to get



their children, Luisa and Matt, together. They trick their children into falling in love by pretending to feud. They hire actors to stage a mock abduction so that Matt can heroically save Luisa. Imagine what happens when the children discover the deception. This show is the longest running musical ever. It ran for a total of 42 years. You will love it.

Prior to the show, a sit-down, plated dinner will be served, catered by "Olde Florida" catering. The meal begins with a glass of wine (white or red) and BYOB if you want more. This is followed by a salad, choice of Chicken Marsala or Salmon in Dill Sauce, Rice Pilaf, Baby Carrots, dessert and beverages. The price of \$32 includes the tax and gratuity. Imagine, a catered dinner and a full length Broadway show, right here in Wynmoor's West Wing. Who could ask for anything more?

Doors open 5:15 PM, dinner is 5:30 PM and the show starts approximately 7:15 PM. The tables hold up to 9 people but you can order anywhere from 1-9.

If you haven't submitted your email yet, send it to [LLIST@juno.com](mailto:LLIST@juno.com) and you will be added to the list. I'm looking forward to receiving your orders.

## Drama In Wynmoor – Date Change

By Lynne List

The flyer and order form for the SUPPER CLUB'S drama presentation, "Kindertransport" is being sent out this month. So, watch your email box so you can get your order in quickly. Last year, the drama was sold out in October and we offered a second performance. This year, there are 2 performances scheduled; a one 1:00 PM matinee, with a light family-style catered lunch of a croissant roast beef and turkey sandwiches, potato salad, dessert and beverages; and a 6 :00 PM performance, with a light family-style catered supper of baked ziti, salad, roll, dessert and beverages. The caterer is "Chuck Wagon Catering." Both shows are being performed on Sunday, February 25, 2018 in the West Wing. The cost for each show is \$20 per person which includes tax and gratuity.

When you receive the email, click on the attachment to view the flyer in a smaller size. Scroll down to get the order form. Please be careful to indicate which performance you want. List the names of the people at your table, from 1 to 9, include a check for \$20 for each person made out to "The Supper Club," and include a self-addressed stamped envelope so the tickets can be mailed back to you.

The show "Kindertransport" is a very intense drama of a kindertransport woman from child to adult. She was one of 10,000 children from various countries who was placed in numerous British foster homes. Her parents struggled with the difficult choice of keeping their daughter with them or sending her to the UK. When she arrived, she spoke no English and had to adapt to a new country. With a name change, she became a new person and, as an adult, she must struggle with the conflict of who she really was.

For those of you who LOVE drama, this is one you will not want to miss. But a word of warning, it is strongly recommended that NO children be allowed in the audience. The show is too intense. I read parts of the script online and, truthfully, I was deeply moved just from reading the words. I look forward to seeing it enacted on stage. The show will also be performed at the Pompano Beach Cultural Center and the Sunrise Civic Center in March. We are privileged at Wynmoor to have this premier performance.

Get your order in. This show will sell out quickly.





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# COMBATting TERROR IS A JOINT EFFORT

By Sheriff Scott Israel

The unimaginable horrors of the 9/11 terror attacks remain as painful today as they did that fateful Tuesday morning 16 years ago. None of us will ever forget where we were as the chaos and carnage unfolded and nearly 3,000 innocent souls perished before our eyes. The heinous assault forever altered the course of history and our lives.

Yet we rose from the ashes and smoldering remains a stronger nation, a nation which courageously channeled its fear, anguish and anger into constructive action that has produced positive results for our country and at home here in Broward County.

Though we can never and should never claim victory in the war against terror, Broward is safer today because of the efforts by the Broward Sheriff's Office. Since 2001, BSO has undergone transformational changes and has forged a strong spirit of cooperation with numerous law enforcement entities. Today, we're working smarter and training harder as part of our relentless mission to keep residents and visitors out of harm's way. After all, if you're not prepared, you're prepared to fail.

The efforts begin with the work our dedicated men and women perform each day, including individuals who serve in various roles and perform critical tasks as part of BSO's Homeland Security Unit. This specialized unit includes Intelligence, the Bomb Squad and the Covert Electronic Surveillance Unit. It is a vital component to combatting terrorism.

This unit's importance was seen in January during the shooting at Fort Lauderdale/Hollywood international Airport. Within 30 minutes, our Homeland Security Unit knew the attacker's identity and gathered a dossier of information about him and his possible motives and affiliations.

In addition, BSO has dedicated personnel assigned to the South Florida Joint Terrorism Task Force (SFJTTF). The task force, comprised of local, state and federal authorities, helps protect our nation by serving as valuable conduits for sharing vital homeland security information and countering domestic terrorism.

With increased interagency communication and bolstered investigative prowess, numerous potential terror attacks have been thwarted. In 2012, the SFJTTF arrested two brothers from Oakland Park who planned on carrying out bombing attacks in New York. BSO and the task force were also critical in halting a potential bombing at an Aventura synagogue last year.

However, our work is far from over. While BSO and law enforcement agencies throughout the country have had incredible success in preventing another 9/11-style attack, there are still challenges ahead. Chief amongst those is the ever-changing face of terrorism.

As we've seen from the attacks at the Pulse nightclub in Orlando, the Boston Marathon bombing and the Emanuel AME Church shooting in Charleston, today's attacks are largely perpetrated by individuals or small groups with no known ties to established terror groups. These home-grown

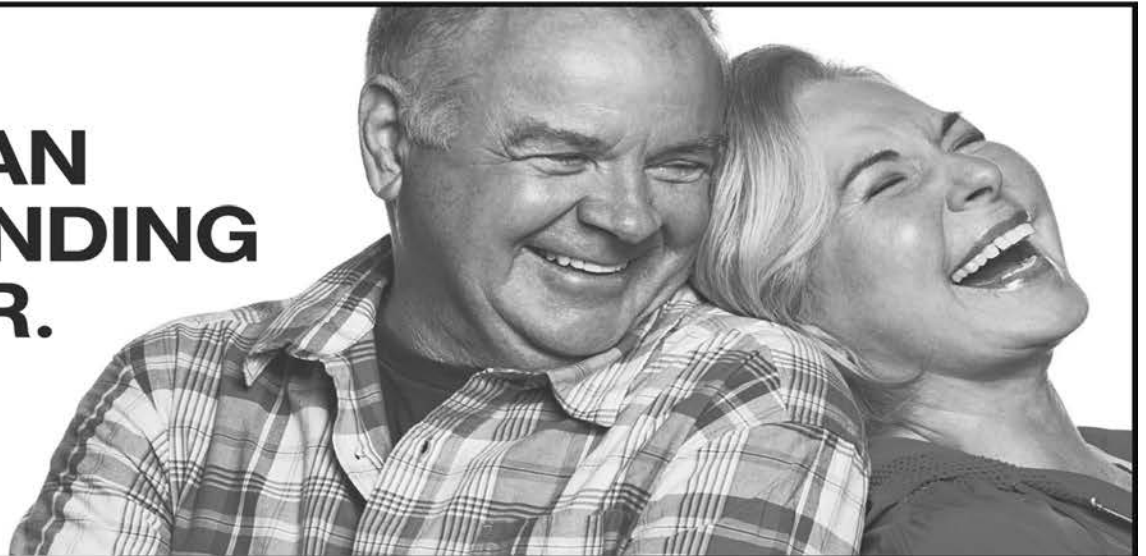
killers will use any means necessary to inflict as much death and destruction as they can. Many are self-radicalized through the internet, which makes it difficult to spot early warning signs. The internet is law enforcement's biggest challenge to combatting terror.

To counter that challenge, we need the assistance of members of the community. Please, always remain vigilant and alert. If you see something, say something. Together, we are stronger in our fight against terror.



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## 12 DESTINATIONS TO VISIT IN EUROPE

Still dreaming about that European vacation? Well, how about stop dreaming and start planning your trip to Europe right now. You'll find everything here, from culture and fabulous history to outstanding nightlife, mouthwatering food, picturesque villages, and charming atmosphere. Take a look at my list of 12 destinations to visit Europe and who knows, maybe you'll finally find that impulse you keep seeking for so long.

- 1. Granada**, the city of Alhambra and pelicular neighborhoods.
- 2. Paris** might be overrated and full of clichés, but it's also chic, gorgeous, and utterly romantic.

- 3. Rome**, the Eternal City perched on seven hills, home of the magnificent Colosseum and the iconic Trevi Fountain.
- 4. Venice**. The vintage beauty, the sophistication, and the erotic atmosphere of Venice cannot be compared with anything else.
- 5. Corsica**, the *Isle of Beauty* forgotten in the Med. A French mix of wild beaches, mountains and rich history.
- 6. Ibiza**, the most picturesque party island on Earth.
- 7. Sicily**, the largest and probably the most fascinating of the Mediterranean islands.

- 8. Plitvice Lakes National Park, Croatia** – one of the best-kept secrets of Europe.
- 9. Cote d'Azur** with its pretty historical towns, quaint fishing villages, and swanky vibe.
- 10. Puerto Banus, Marbella** – the most fashionable and luxurious resort in Southern Spain.
- 11. Cinque Terre**, Italy's most genuine display of charm. The 5 colorful villages on the Italian Riviera are definitely something to behold.
- 12. Lisbon**. Although one of Europe's most underrated capitals, Lisbon is a quixotic mixture of culture, history, Fado music, and sunshine.

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- Spaghetti and Meatballs**  
*Homemade Meatballs w/Fresh Tomato Sauce & Basil*
- Spaghetti Bolognese**  
*Bolognese Sauce*
- Spaghetti Al Olio with Chicken**  
*Sautéed w/Garlic, Olive Oil and Basil*

- Eggplant Parmigiana**  
*Baked & Topped w/Marinara Sauce & Mozzarella*
- Eggplant Rollatini**  
*Filled w/Ricotta, Tomato Sauce & Mozzarella*
- Chicken or Veal Parmigiana**  
*Breaded, Topped w/Marinara Sauce & Mozzarella*
- Chicken or Veal Piccata**  
*Sautéed w/White Wine, Lemon & Capers*
- Grilled Salmon**  
*Perfectly Grilled w/Italian Herbs, Served w/Vegetables*
- Tilapia Oreganata**  
*Baked w/White Wine, Lemon Sauce & Italian Herbs*
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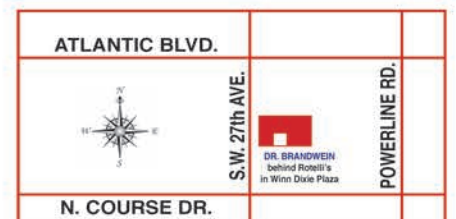
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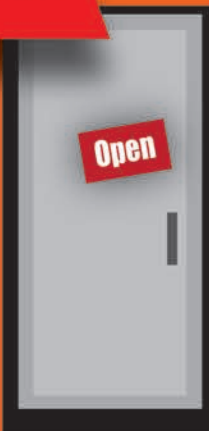
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# The Clock is Turning Back on a Healthier U.S. Food Environment

By Michael Roizen, M.D., and Mehmet Oz, M.D.

If knowledge is power, then offering consumers information about what's in their food supply is clearly a powerful way to improve the health of the nation -- physically and economically. But several nutrition-related decisions lately have reduced your power to make informed decisions about the health of YOU and YOUR FAMILY, as well as the financial health of the country. We give the new Food and Drug Administration director a grade of "F" for what he's doing for you and the quality of your food. To counter the devastation current policy changes can trigger, it's become even more of your responsibility to spot the hidden minefields in your food supply and to make informed decisions about keeping you and your family healthy.

## Labeling the Labeling Rollback for What It Is

Last year the FDA established a new food labeling regulation; the deadline for implementation was set for July 26, 2018. The new regulation called for a nutrition label that made it easier to see calories-per-serving info and, for the first time, it would let you know how much added sugar you're getting in every serving. Unfortunately, it was recently announced that implementation of the regulation is suspended indefinitely. That's a bad mark on the newly appointed FDA director and a sad day for America.

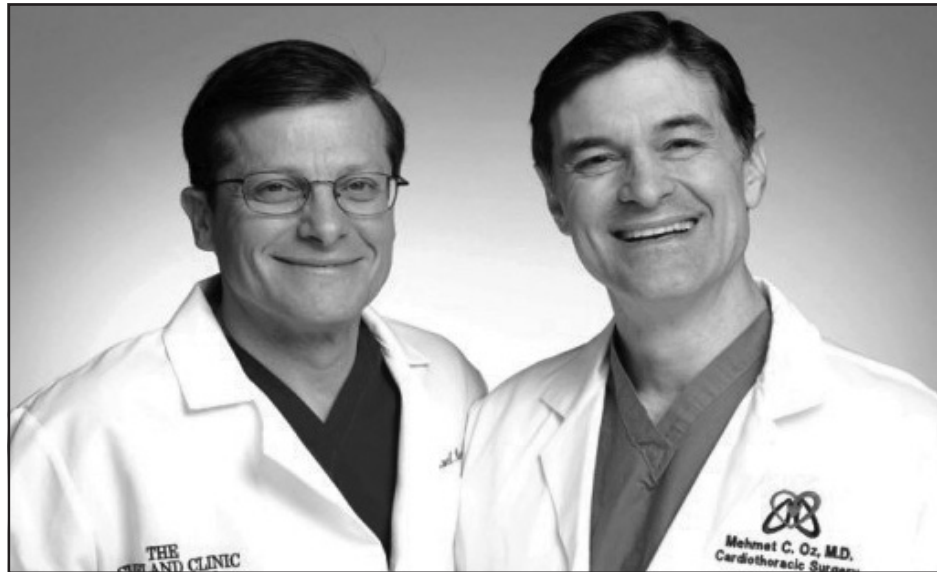
### Why This Is a Bad Move:

**No. 1:** One study found that for Americans to return to the pre-obesity-epidemic weights of the 1970s, kids would have to cut 350 calories from their daily diet; adults 500. The label changes would help YOU be more conscious of portion size and calorie counts, so you can eliminate empty-fat-creating calories and aim for 7 to 9 daily servings of fresh fruit and veggies.

**No. 2:** Americans eat about 67 pounds of added sugar annually. Knowing how much added sugar you're eating can help you say "no" to foods that come with sugar bombs. It also might encourage food companies to reduce the amount they pump into their products.

**No. 3:** The price tag for obesity and excess sugar consumption is staggering: In 2016, health care costs for obesity alone racked up \$150 billion, while excess sugar consumption body-slammed that number, jacking our annual health care system costs by \$1 trillion.

**Your Move:** Now more than ever, you need to assume responsibility for understanding what's in your food so you can avoid highly processed



foods and opt for fresh, whole foods. New research shows that eating just two and a half servings of fruits and veggies is associated with a 4 percent reduction in risk of cancer and a 15 percent reduction in the risk of premature death. Eating 10 portions (1.76 pounds) daily of fruits and veggies is associated with a:

--24 percent reduced risk of heart disease.

--33 percent reduced risk of stroke.

--28 percent reduced risk of cardiovascular disease.

--13 percent reduced risk of cancer.

--31 percent reduction in premature death.

## Discounting Calorie Counts on Menus Is Dishing up Trouble

This May 4th, one day before chain restaurants would have been required to post calorie counts on their menus, the FDA suspended the implementation for another year. Another sad day for America and another black mark on the FDA.

Why this matters: Average Americans consume 33 percent of calories away from home, and usually underestimate how many they're taking in. Putting the info clearly on the menu would shatter false assumptions.

**Your Move:** When eating out, stick with the simplest preparations of dishes; you'll get fewer hidden ingredients loaded with calories, fats and sugars. Ask about ingredients before ordering. Get sauces and dressings on the side. Cook more at home.

## Other Short-Sighted Moves

There also are rollbacks on school lunch quality: No more added veggies in school lunches, and there's been a reduction in the required amount of whole-grain foods.

**We Gotta Ask:** If implementing and strengthening just a few regulations could save thousands of lives and trillions of dollars, why wouldn't you want to do that? Ask the FDA director.

\* \* \*

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit [www.sharecare.com](http://www.sharecare.com).

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# Have Fun With Your Grandchildren

By Lucille Lucy

Wynmoor! Wow! Until 2009, when my husband retired, we had no idea where to settle when we would leave New Jersey. Our daughter lived in Deerfield Beach and our son lived in Austin, Texas. With guidance from our daughter who recommended Wynmoor, we located a realtor who took us on a tour of the complex. We saw immediately how beautiful the grounds were and saw the many facilities available to its residents. After seeing several units available for sale, we were taken to what soon became our apartment. Following two years as snowbirds, we moved here permanently in 2011. How lucky were we!

Born Lucille Ann Joseph in Morristown, New Jersey, I lived on a farm in Long Valley, New Jersey. As a daughter of immigrant parents, I was raised to be a hard worker and a proud American. Even though my parents only had an education to the first grade and spoke broken English, they had their own business as bakers of Armenian pastries. I was the youngest of four children and we all worked in the family business. At the age of eleven I started earning money babysitting after school and on weekends so that I could buy new clothes instead of wearing hand-me-downs. Even though I commuted to college on a full-time basis, I worked 40-plus hours a week in a restaurant as both a waitress during the day and a hostess/hatcheck girl in the evenings. Growing up I had a great interest in science and enjoyed my science courses in high school. When I applied to college, it was to become a science teacher. During the summer, after completing my freshman year, I worked as a camp counselor of young children in addition to my other jobs. Inasmuch as I enjoyed working with early elementary children, I decided to change my major from science education to early elementary education. That decision on my part proved to be a correct one, as I have enjoyed a rewarding career teaching and tutoring young children for more than 35 years.

In 1969, I married and became Lucille Ann Lucy and subsequently had two children, a daughter Jennifer and a son Michael. I was a stay-at-home mom until my children were in school all day. Upon my return to teaching I became more aware of the many learning difficulties I was addressing in the classroom. This motivated me to become more knowledgeable about learning disabilities and to get a Master's Degree in Special Education. I also extended my graduate studies to earn Teacher of the Handicapped and Learning Disabilities Teacher Consultant certificates.

As parents, my husband and I always played games with our children not only at home, but also in restaurants, doctors' offices, in the car, on airplanes, any place we had time to spend together. I would put games together using paper, pencils, and anything that was handy. We always had fun, and it gave us a chance to interact with one another. My daughter is an excellent reader. She attributes being a reader at the first-grade level at the age of four to the games we used to play. My son loves math and anything to do with numbers. He feels that this love took root because of playing and enjoying my games.

Being a parent and a teacher, I recognized the lack of family unity amongst our peers and also the need to assist children with reading and math in addition to what is offered through a standard school curriculum. This is what led me to create Play 'n Learn Games. I have enjoyed the success of my own children, the success of the children I have taught in the school system as well as the children I have tutored, which successes were brought about in great part by playing my games.

By developing and marketing Play 'n Learn Games, with the trademark being Play 'n Learn, Playing is Learning, I hope to see my games become an important part of the lives of many children and families, promoting positive relationships, happy memories, as well as teaching and reinforcing basic reading and math skills simply by playing games and having fun. I thank God for leading me through life and blessing me with a wonderful husband and family. I am grateful for all the help and support Jack has given me throughout our married life. My philosophy is: Don't Ever Give Up. That is what I have lived by all of my life. I have endeavored to pass this philosophy on to my children and students, and now to my grandchildren Rebecca, Benjamin and Evan.

A word about my background in education. I have a Master's Degree in Special Education. I also extended my graduate studies to earn Teacher of the Handicapped and Learning Disabilities Teacher Consultant certificates. In my 35 years teaching career I experienced the joy and academic success



achieved through playing my games with students prompting me to put these games into production. The games are for ages 3 to 8+. I use cards, dice, spinners, tiles, chips, colors, poems and other tools to create interactive games packaged in small, portable boxes that fit easily into a pocket, purse or backpack.

Even though these games have educational benefits, it is important to stress having fun playing the games. Children like to play games and they love to win. At the end of a school year we would reminisce about the year. I would ask my students, "What are some of your favorite things we did in our class?" "Playing the games" was always at the top of the list.

Children learn by seeing, hearing and saying information repeatedly, which is precisely what occurs while playing my games. The company goals for my games are two-fold: first, to help children learn and

reinforce academic skills; secondly, to promote positive family relationships and create happy memories. Through the games families sit down and interact with each other enhancing the bond between parent/grandparent and child. I have a friend who plays my games with her nine-year-old granddaughter when she visits Wynmoor and at her home in NY. Her granddaughter loves to play and my friend loves the fact that the games have easy directions and are generally ten minutes long. Another Wynmoor friend enjoys playing Challenge on Skype with his six-year-old grandson. Challenge is a card game that can be played using Skype or Facetime if both players have a deck of their own. Before playing Challenge on Skype, his grandson would just say, "Hi Grandpa," and that was it. With Challenge, not only do they enjoy playing the game together, but it encourages them to share stories, laugh and talk with each other.

Our motto is: Play, Praise, Learn, Have Fun! Playing my games provides parents/grandparents a constant opportunity to praise children for something they have done correctly which will instill positive attitudes, confidence and build self-esteem. It is so easy to tell them, "Great Job!" or "Good for you!" when they recognize a letter or number. The directions on all our games say, in bold capital letters, "PRAISE THE PLAYERS THROUGHOUT THE GAME ON THINGS THEY DO CORRECTLY." Human interaction, positive reinforcement, and a fun learning environment are key to my game design.

People ask me if my games really help children learn. My answer is always:

Absolutely. I have seen the progress and growth in my students for more than 30 years using my games. The oldest student I had was 19. She was a student with special needs. She loved playing my games and the progress she made was tremendous. I once had an aide in my classroom for six years who also played my games with the students. She was then transferred to a first-grade class. We had three classes for each grade in this school so the children were mixed when promoted to the next grade. After two weeks in the first-grade class she came to ask me if she could use some of my games to help the students she had in first grade because she knew the children would learn their reading and math skills by playing my games.

Recently, my husband and I were in a restaurant and next to our table was a family of six, two parents and four children, all with hand-held devices without a single word spoken to each other. We have also seen so many families in cars with TV screens and all passengers, again, with hand-held devices, without a single word being spoken to each other.

My games are small and portable so parents/grandparents can play, talk, learn and laugh while having fun playing a game instead of living in isolated mobile worlds having separate online conversations.

Two games are currently available, and others are in production. Both games have received *Mom's Choice Awards*, honoring excellence in family-friendly media, products and services

Parents, grandparents, relatives, caregivers and older siblings are the first teachers for children. Given this immense responsibility as families, I believe there are two important things we can do for our children: (1) Help them succeed in learning, and (2) Have positive attitudes in any family situation. When my friends ask why I started Play 'n Learn at my age, I tell them that families and learning go together, and I hope to have an impact on both.

For more information, please contact 954-899-8794, or visit [www.playn-learn.com](http://www.playn-learn.com).





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# Clubs and Activities

**ALL Wynmoor Clubs, regardless of name, are open to ALL Wynmoor residents. Dues may be applicable.**

## Actors Workshop

By Judith Bobker

Hope everyone has had a great summer. We look forward to seeing you on October 6th, when we begin rehearsing for a production in mid to late winter. Join us in the Lecture Hall, at the Country Club, on Fridays, from 1:00 PM - 3:00 PM. Marvin Keith, our wonderful director, and our talented company of actors, will make you most welcome.

For info., call Judy, 954-973-4958.

## American Legion Post #170

By Ralph Trapper

The next meeting of American Legion Post #170 is scheduled for September 11, 2017 at 7:15 PM in West Wing II, located at the Main Theater Complex.

This meeting happens to be the exact anniversary date of the infamous attacks on the "Twin Towers" in New York City, and the "Pentagon" in Washington DC. Of course, we cannot forget the Patriots that tried to regain control of "Flight 93" that crashed in a field outside of Shanksville, PA. We all know the courage it took to confront the hijackers. (I will always remember "LET'S ROLL").

Following this meeting on September 11th, light refreshments will be served.

For additional information, please contact Ralph Trapper, 1<sup>st</sup> Vice Commander 954-972-4329 or Don Schwiesow, Commander 954-984-6070.

## Bridge Club

By Lynne List

Big news at Wynmoor Bridge! The 4<sup>th</sup> week of each month is "Birthday Week." Players with a birthday in the respective month will now play for FREE in any game during the last week of that month. So, make sure you don't miss out on your free Birthday game.

For those of your who want to learn to play bridge, or just want to sharpen up on your bidding or playing skills, starting in October, every Saturday in the East Wing, there will be a beginner's bridge class from 9:30 AM to 10:30 AM. This will be followed by "supervised" play where you will deal and play a hand. Your bidding and play will be supervised by the Director who will help to improve your game. If you want to sharpen you bidding or play, join the group each Saturday morning at 10:30 AM.

**Wynmoor Bridge will hold its semi-annual meeting on Friday, December 3, 2017.** Save the date. New revised by-laws will have to be voted on at this meeting. A copy of the new document is posted on the Bulletin Board. Please be sure to look it over. In addition, a Club Championship game will be held that day and the winners' names will be engraved on the Leonard Berger plaque in the East Wing. The meeting and game will be held in the West Wing. Don't miss this important meeting and game.

**New Year's Eve is coming soon.** It's not too soon to start thinking about how to ring out the old and ring in the New Year. This year Wynmoor Bridge will have a catered dinner, catered by "Chuck Wagon Catering." There will be a buffet dinner (with plenty of help for those with walkers or wheelchairs) of roast beef, loaded mashed potatoes, green beans, salad, dessert (including sugar free) and more. In addition, a duplicate game will be held and tables will be provided for all table games including Canasta, and Mah-Jongg. Tickets will go on sale in September at all bridge games and at the other tournaments. If you know who your dining table mates will be, submit the list of names and a table will be reserved for you. Make your plans now and get your tickets early, as seating will be limited to 130 people. For more information, please call Linda List at 954-973-1223.

## Billiard & Pool Club

By Bob Horowitz

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included; Karaoke night, Comedy Club night, Group BBQ, Pool & Billiard tournaments, and other social events. Annual membership is only \$5.00.

**Wednesdays night open play:**

**Join us Wednesday night starting at 6:00 PM for open 9 ball play.**

**This is open to all levels of players from beginners to advanced.**

**For information about the Pool and Billiard Club,** to join our e-mail list or to sign up for an event or meeting; Email [WynmoorPoolClub@gmail.com](mailto:WynmoorPoolClub@gmail.com), come into the room and look for event sign-up sheets or ask for

Co-Presidents; Ralph Rubin or Bill Brunie or Vice President; Bob Horowitz.

**FREE POOL LESSONS: Put your name on the pool lesson sign-up sheet in Pool Room or email us to schedule free Pool Lessons.**

**Wynmoor Pool & Billiard Room:**

All residents and their guests are welcome to play at the Wynmoor Billiards and Pool Room, located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated-billiard tables and one regulation snooker table.

This club has been called "the best Pool, Billiard, and Snooker venue, public or private, in all South Florida."

Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 AM to 12:00 PM.

Use of the room and tables is free to all residents and their guests.

## Bookies

By Edythe Rishin

As we near the end of the "lazy days of summer," what could be better than relaxing with a good book? BOOKIES meet on the first Tuesday of every month in Ballroom C, at 7:30 PM. Everyone is welcome.

On September 5, 2017, BOOKIES will critique "Our Souls at Night," by Ken Haruf, a touching story of love and the aftermath of grief written as the author was dying. On October 3, 2017, our selection will be, "A Man Called Ove," by Fredrick Backman. Meet "Ove"- a curmudgeon, a man of staunch principles, strict routine, and a short fuse.

For further info., call Laura at 954-917-7677 or Edythe at 954-978-9824.

## Current Events Club

By Daisy Sheridan

Come and join us at our weekly sessions where we discuss the important events of our times. We meet every Tuesday morning from 11:00 AM until 12:00 Noon. We meet in the Multi-Purpose Room which is located right near the entrance to the main pool.

Thank you to our able moderators who take turns at guiding our group. If you wish, you may stay a while after our meeting, so that you can socialize with old and new friends. There is never a charge for our meetings.

We hope to be able to welcome you next Tuesday.

## Democratic Club

By Margaret Wishnow

The Wynmoor Democratic Club meeting will be held on September 5, 2017 at 2:00 PM in Ballroom A. Doors open at 1:30 PM. Due to a conflict, our scheduled speaker will not be able to speak. At this time, our guest speaker will be a surprise! TBA.

At our August meeting, Mark Erkert spoke about the "Rights Restoration Project" and August Mangengy, President of the Democratic Club in Margate, spoke on the Voting Restoration Amendment, a truly interesting subject. Both men were introduced by Alan Ehrlick, Broward County Coordinator for the Rights Restoration Campaign.

Lots of interesting and fun things are being planned throughout the coming year. Our annual fundraiser luncheon is going to be held on Sunday, November 5, 2017 at 1:00 PM. It will be catered by the local restaurant, "Dyan's Country Kitchen." Yummy! Save the date!

At one of our meetings, we are planning to have an event catered by "Cecilie's Gourmet Ices." At another meeting, we're planning to have high school students debating on a current political topic. These three events are simply examples of enjoyable things to come!

Please join our next meeting. Refreshments will be served.

## Fishing Club

By Eddie Kopple

The opening meeting of the Fishing Club will be September 18, 2017 in Ballroom C. We hope all old members and new ones will join us for coffee and bagels at 8:00 AM. The meeting starts at 9:00 AM. Any questions, please call Eddie, 954-532-1555 or Arnold, 954-973-2687.

## Fun With Friends

By Louis Kravitz

Our first dance will be held October 22, 2017. It will be a Halloween theme. November 26th and December 17th will complete our dances for the 2017 year. January 21, 2018 and February 25, 2018 will start our new year off with two exciting new groups and new themes. Write these dates down and book your reservations early. Members pay \$10 and everyone else pays \$15 at the door. All reservations must be in by 12:00 Noon on the Thursday prior



# Clubs and Activities

to the scheduled dance. For further information about dances and membership, contact Sheila Glater at 954-247-9323 or email [sglater@comcast.net](mailto:sglater@comcast.net).

## Hadassah

By Phillis Bantis

Our Board met July 26, 2017 and completed programming for the 2017-2018 season. The first meeting will be on October 4, 2017 from 12:00 PM -3:00 PM in the West Wing (note change of time). We welcome everyone to come and socialize, have some refreshments, and browse the boutique and greeting cards tables. Our guest speaker will be Debby Silverman, author of "It's Just a Conversation: What to Say and How to Say it in Business." She will discuss how the silent communication of facial expression and body language is a vital part of a conversation in every relationship. It's vital to know what's not being said. **Save the date:** October 25, 2017 at 10:00 AM for our next, very popular lunch and card party. Natalie Gorelick is the Hostess. Get your games together and make a reservation 954-984-1673. The cost is still only \$15. It will be in the West Wing. Beverly Alexander can arrange for purchase of trees to be planted in Israel for all occasions: 954-969-1701. Lovely greetings for all occasions can be purchased from Dotty Pekus: 954-973-9050. If you know of members who are ill, please contact Bernice Riback and she will reach out to them. Happy, healthy holidays to all. Looking forward to seeing you at the October meeting.

## Health & Wellness Club

By Hope Myers

Our club is about providing information that will extend the healthy part of life.

Over the last several years, we have featured exceptional medical doctors and scientific researchers as speakers at our meetings. They have provided us with cutting-edge information that you are not likely to acquire from the usual media sources or your very own doctor. Topics are designed to improve health! As we have heard, "It's not how long you live, but how well you live."

Exceptional nutritious snack foods are served at all our meetings. We urge all our Wynmoor neighbors to join us for our 2017-2018 season. Our first meeting is on **Tuesday, October 16, 2017 in West Wing II at 2:30 PM.** More detailed information will be presented in the October issue.

We will begin collecting membership dues of \$10 for our 2017-2018 season at our October meeting. For more information, please contact Hope Myers (retired RD, LD, CCN) at 954-971-9538.

## Ladies Circle

By Eleanore Butler

The Officers and Board wish all our members, family and friends a sweet New Year. Welcome back to our snowbirds as they start their migration south. Hope to see you all at our next meeting on September 28th at 11:30 PM in Ballrooms B and C for our usual bagel lunch. Unfortunately, our program for this meeting has not been finalized, but, rest assured, there will be something to pique your fancy.

## Nature & Arts Club

By Bonnie Summer

Come one; come all to the new and improved NATURE AND ARTS CLUB. Hey, that's not the name you know. We have changed the name to include interesting and exciting new educational and fun opportunities for your enjoyment.

That is not the only change, we have lots of them. We have a new board consisting of Michael Koss, President; Ann Murphy, Vice President; Linda Haines, Secretary and Bonnie Summer, Treasurer. Our first meeting is Thursday, October 5th. We will not be serving bagels for breakfast, but come and see what we will be serving. All of our meetings are held on the first Thursday of the month at 9:00 AM in Ballroom C.

All of our outings are on the third Thursday of the month. On October 19<sup>th</sup>, our first outing will be to Green Cay Nature Center in Boynton Beach. Oh my, look out for snakes and other wet land animals (only kidding). They will be safe to look at. There is also an outdoor nature trail. We will be carpooling to the Nature Center.

We have planned many more exciting outings and monthly speakers. Also, we have a hand clapping, foot stomping brunch planned for February.

If this sounds like you want to join us please send us your \$15.00 dues to Bonnie Summer, 1601 Abaco Drive, Apt. K4, Coconut Creek, Florida.

## Needlework Click

By Barbara Bilello

It's September and the time is just flying by! I wanted to let everyone know of our meetings for this month: the 2nd and 4th Tuesday of the month, which is September 12th and the 26th. Our meetings are in the West Wing from 1:00 PM - 4:00 PM.

We have been having a nice turnout for our meetings. We serve coffee, tea and yummy snacks. Please mark your calendars so you don't miss any of the fun.

Remember, if anyone is new to Wynmoor and doesn't have a need for their yarn, we will be happy to have it. Call Barbara at 754-222-6375 and I will pick it up.

## Pennsylvania Club

By Marilyn Stolloff

We hope you had a great summer and look forward to catching up with your news. The first meeting of the 2017-18 Pennsylvania Club will be Sunday, October 1, 2017 in the West Wing at 10:00 AM. All Pennsylvania natives at heart are welcome. We will collect our dues of \$10.00 at this meeting. For newcomers, we have bagels, coffee, and entertainment we share with New Yorkers. We get to chat an hour before the show starts.

Since the season ended, those remaining at Wynmoor met monthly at different restaurants. Good food and good friendships made the summer go by so fast. See you soon.

## Pickleball Club

By Sandra Cohen

With our "season" approaching, we look forward to welcoming our snowbird members back, but the Pickleball Club remains active twelve months a year. We continue to offer a variety of sporting and social activities with regular games, barbecue get-togethers on most Wednesday nights at the Cove, and our popular Karaoke nights.

If you enjoy karaoke, please join us on Friday, September 15th, at 7:00 PM in West Wing I. There's no entry fee for Pickleball Club members and \$3 for guests. Pickleball Club dues are only \$5. So please join our club and come to Karaoke nights and other events for free.

Pickleball is a very popular sport and a great way to get exercise. Do you want to learn to play? Visit us at the Pickleball courts any morning. See how the game is played and meet our members. Check the bulletin board at the courts to find out about free Pickleball lessons for beginners and players at all levels. We even supply racquets and balls for the lessons. We hope to see you soon.

## Queens Club

By Ruth Weinstein

Tickets are available to see "Saturday Nite Fever" at the Stage Door Theatre on Sunday, September 3rd at 2:00 PM.

The long-awaited first meeting of the Fall season is October 1st at 10:00 AM in West Wing II.

Breakfast will be served with great entertainment. For more information, call Ruth 954-975-0515.

## Tennis Club

By Shelly Propper

The tennis courts are starting to get busier as more Snowbirds return to Wynmoor. There are sign-up sheets on the boards at the courts if you need to find a group of players for a game. Additional activities on the courts are also posted on the boards, such as Beginner Wednesdays, Master's Tennis and group or private lessons. Bob Long is the one to see about additional information on these events.

Last month, Night Tennis and the Tennis Club sponsored a "Doubles Clinic" with Tim Neilly, where doubles strategies were taught. It was an entertaining and informative evening. This September as usual, Jo Ann Perreault and Dennis Levans who run Night Tennis, will not be charging \$1 for new balls on Monday and Tuesday evenings for the entire month. Thursdays are always free.

There is "March Madness" to celebrate our snowbirds and "Special September" to celebrate the residents who live here year-round, so come on down to Night Tennis this month and join us under the lights. Warm up is 6:15 PM to 6:30 PM with "Round Robin" play from 6:30 PM to 8:00 PM. Hope to see you there.



# Clubs and Activities

Continued from page 53

## Woodshop Club

By Ernie Fleury

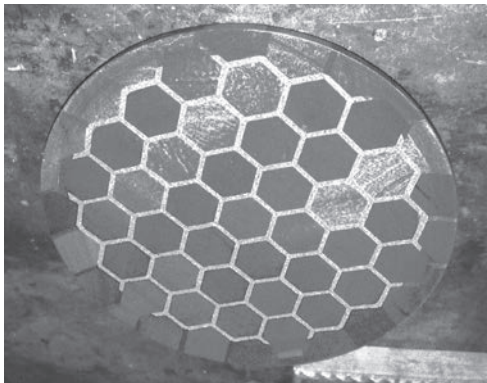
Thanks to Wynmoor Maintenance and Shop members, the two state-of-the-art Saw Stop table saws are in use. President Guy Zannini has installed a three-cordless drill station to compliment the plug-ins that we already have in service. In the power room, there is a new larger router table that handles projects that require a larger capacity. This improvement is in addition to the one already in the sanding room. Guy, Ernie or Carl can give a brief review on the use of the machines anytime.

The glass showcases in front of the shop are updated regularly to display the unique talents of our members. Paul Hannigan has displayed a carving of a three masted schooner, an applewood candy dish and a mango-root bowl. Everett Yankie's turquoise inlaid cherry serving dish is proudly displayed in our showcase. Carl Georgi is working on snowmen and wood Christmas trees for the upcoming holiday season.

Three additional air cleaners are scheduled to be installed, as are security cameras in all three rooms. Sign-up for shop courses will begin in September. The names of the courses will be announced at the monthly meeting Friday, September 8, 2017. They will also be listed on the bulletin boards. The Shop is currently stocking up on all popular varieties of wood that members have asked for and is available in various sizes. The "Wood Chip Exotic Lumber Company" has offered to send a representative to the shop to give an informational workshop to club members addressing use, cost, availability and substitutes of various species. To reach the Woodshop, call 954-969-7645.



Paul Hannigan's "Mango Root Bowl" and "Schooner"



Everette Yankie's "Turquoise Inlaid Cherry Serving Dish"

PHOTOS TAKEN BY  
BARRY BURNS

## Writer's Workshop

By Gus Loret-de-Mola

Have you ever felt the urge to write? Do you feel you have stories to tell or poetry that you have always wanted to create?

Would you like someone to listen to your writing and give you feedback on what you compose? Come to our workshop, Saturdays from 10:00 AM - 12:00 PM in Card Room 1 at the Country Club. Enjoy the writing of others and have fun sharing your work. For information, call Gus Loret-de-Mola at 954-968-1082.

## Wynmoor Amateur Radio Club

By Ralph Trapper

The W.A.R.C. meets every Friday morning at 9:00 AM in the Multi-Purpose Room, near the Main Pool, and at 10:00 AM, we move to the "Ham Shack," located in Room #118, on the West End of the Administration Building. Visiting Amateur Operators are welcome to operate from our station, just be sure to bring a copy of your "ticket" (License) along with you.

Work on the installation of the new vertical antenna is continuing, and hopefully the ability to add the lower Amateur bands (75 and 40 meters) will increase our stations communications ability in the very near future.

For information, please contact Ralph Trapper, W9TWW, at 954-973-4329.

## Wynmoor Emergency Hurricane Net

By Ralph Trapper

It is now September. This article was written in the beginning of August 2017 to consider the editing and printing cycle. It is important to understand this timespan because it is why we cannot provide numerical details, as to the number of stations that will be making up the Hurricane net membership. To date, we have sixteen (16) Hurricane Network Operators, plus four (4) Security Cars assigned radios. On the first "On the Air" check on July 26, 2017, we had a total of sixteen (16) stations check into the Hurricane Net. Good showing, for the first "On the Air" meeting of the season.

However, with the well-over one hundred (100) buildings where our residents may live, as you can see, we are still very short of Net Operators to have every building covered with their own W.H.E.N. operator. It wasn't too long ago, we had well-over a hundred (100) stations belonging to the Hurricane Net. There is still time to get involved, so please think it over carefully. The Hurricane season lasts until November 30, 2017. We need your help; it looks like it may be an active hurricane season.

Tune in every following Wednesday evening at 7:00 PM on "CB Channel 14," until the Hurricane season officially ends. Please note, there may be some Wednesdays that there will not be a Network, "on the air practice," due to the onset of thunder storm(s) with lightning. Additionally, no "on the air practice" will take place on National or Religious Holiday(s).

So, all "Hurricane Network Operators" should take notice of announcements made before the official openings of the "Hurricane Net." Remember to tune into "CB Channel 14," starting at 7:00 PM. We will be listening for you there.

O'Neil Elliott

Director of Security, WCC  
954-968-2504

Ralph Trapper

President, Wynmoor Amateur Radio Club  
954-972-4329

## Wynmoor Ladies Golf Association

By Violet Howard

**LABOR DAY ALREADY?** The months go flying by, and our "COOL" lady golfers continue to compete and enjoy our Tuesday morning tournaments. Laura and Mona are constantly at work to be sure that Zelna, Betty, Linda, Ruth, Bella, Sandy, Eileen, Jan and so many others enjoy their game and have fun. The scores are low and winners' results are so close. Lunch after play and socializing are still going strong, so be sure to be there to hear the latest news about the town. Thanks Mike Ramadi for updating handicaps, etc. We most certainly appreciate it. We are thinking of you, Mary Cohen, and wish you better days ahead.

**HAPPY BIRTHDAY TO:** Anna-Mae Rynone, September 4, 2017; Linda Lewis-Moors, September 11, 2017; Janice Georgi, September 15, 2017; Arlene Eisenberger, September 26, 2017; and Laura Kirschner, September 28, 2017. **ENJOY A GREAT CELEBRATION!**

## Wynmoor Rebels Bowling League

By Les Resnick

WELL, IT'S TIME. Stop thinking about it, come bowl with us, and get some exercise? We will start bowling again Monday, September 11, 2017 at 10:00 AM at SAWGRASS LANES. For the first day, we will meet at 9:30 AM. We would like you to join us. We'll need your contact information in order to form teams. We have bowlers of all ages with averages from 60 to 160. All are welcome. We use a 100% handicap system that makes all bowlers equal.

Call me if you want to join us, would like an explanation of our handicapping system or have any other questions. We'll be bowling each Monday at 10:00 AM for 32 weeks (we get done a little after 12:00 Noon).

For more info., contact Les Resnick at 954-366-5352 or email [lresnick@yahoo.com](mailto:lresnick@yahoo.com) or Victor Cevallos at 954-978-8493 vic.cevallos@outlook.com.

## ALL YEAR ROUND CLUB TRIP - SEPTEMBER 8-9, 2017

### DAY 1

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Overnight at Holiday Inn  
Visit the BGT Candy Bar  
Dinner & Show at the Broadway Palm "Groovin." Music from the 50's, 60's  
Viennese Dessert Table & Nightcaps (post show)

### DAY 2

Buffet breakfast  
Narrated tour of Naples  
Gaming at "Gulf Stream" with \$20 free play & \$5 Food Coupon  
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For information/reservations call: Joan Steinfeldman 954-968-8532  
- Mail checks to: 3303 Aruba Way Apt O-1 or Shelly Bennett 954-951-7058 - Mail checks to: 2101 Lucaya Bend Apt C-2.





# Neighborly News

## 2901 Victoria Circle

By Joan Sampson

We have the privilege of welcoming new owners in our building. Donna and Richard Pittala have joined our 2901 family (E-1) and so have Gilbert Toner and Mark Bernstein (B-2). We all hope you are as delighted with Wynmoor as we are and that you're happy with your new home. If you have any questions give me a call. I can supply you with a Social Directory if you don't have one.

It's good to see Harry and Joani Allen take time out from their busy travels to enjoy their Wynmoor residence. Harry told me that the Golf Course is magnificent! How about that - and David Rivers and his golf course team deserve all the credit!

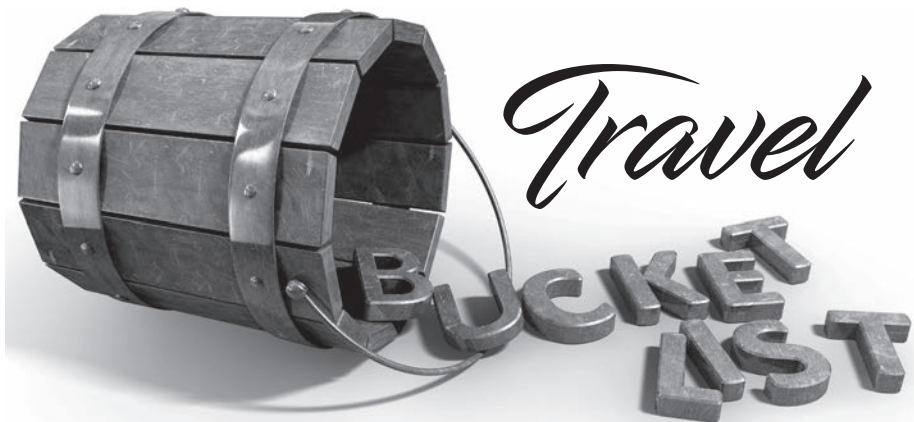
Great to see Barry and Renee Seigel down here even 'tho it's only for a

few days. Guess it's a bit cooler in Toronto but my guess is that they just couldn't stay away!

Saw Max Melamed out for a bit and he certainly looks a lot better for the care he's getting! Here's hoping he continues to improve and will be up and around once more.

Phil Nielsen's apartment seems to be almost restored after the dreadful fire and will soon be ready for new furnishings. The sooner, the better because we miss you, Phil. And that's it for now.

## Be A Good Neighbor Look Out For Each Other!



Many of you have a list of dream vacations, and some of us have travelled to places that others could only dream of.

Let us know where you have visited.

Maybe your trip will inspire someone to include it on their "Travel Bucket List!"



## Israel

By Maralyn Wallace

I cannot count how many cruises my late husband and I took- too many. All of them were wonderful. The best one was in 2012. We went on the "MSC Poesia." We departed out of Italy and traveled to Rome, Cypress, Egypt, Greece, and Israel.

The Middle East was amazing and Israel was magnificent! Jerusalem had modern parts as well as old parts to it. Our tour included the same walk that Jesus took while he carried the cross! We also saw the tomb where he was buried.

We stood by the "Wailing Wall" and placed a note in a crack. The "Wailing Wall" was the only remaining part of a temple that was destroyed long ago. This part of the temple was the only part that remained for generations and generations. It is believed that if a visitor leaves a prayer or letter in one of the cracks in this wall, God will answer the prayer or bring well wishes to you. I wrote a note to my Aunt Jeanette who had recently passed. Then, my husband was able to go into a shul and take part in a special prayer. We were surrounded by music and dancers in the plaza of the "Wailing Wall." Beautiful trees were planted along the streets.

I loved being in Israel and would return if I had the chance. What an experience!



## Join a Club - Make New Friends There is Something for Everyone!

## POETS *and* POETRY

If your poetry was not in this issue because of space, we will try to get it in the next issue.

Our goal is to give everyone an opportunity to have their work published. All poetry will be printed as submitted.

### *For Want Of A Shoe*

By Judith Bobker

*For want of a shoe, the race was lost,  
For want of a tail-pipe, no exhaust.*

*For want of a ball, the game wasn't played,  
For want of a band, there was no parade.*

*For want of a rudder, the boat was adrift,  
For want of a bra, there was no uplift.*

*For want of a smile, the day was so drear,  
For want of a love, life was so austere.*

*That the race may be won, then bring me a shoe,  
And a band, that the marchers may step lively to.*

*And a tail-pipe, for fumes to pass harmlessly by,  
And a bra, that the bust may be firmed up and high.*

*And give me a rudder, that the boat may be steered,  
And a ball, that the game may be lustily cheered.*

*And to lighten my heart, please give me a smile,  
And a love, to make all of the future worthwhile.*

### *The Bougainvillea*

By Judith Bobker

*Along a dusty lane in Mexico,  
Where beautiful the bougainvillea grow,  
I walk remembering the halcyon days  
And tender, scented nights of long ago.*

*Her, where you made every moment sweet,  
And every lovely dream I had, replete,  
When suddenly your heart would beat no more,  
My world, in smithereens, lay at my feet.*

*The unrelenting sorrow creeping through  
The vivid-blossomed vine, as if it knew,  
Right from the star, what callous fate would bring,  
Our precious hours of love were all too few.*

*I trace the flaming bougainvillea's sprawl,  
Across and down the old adobe wall.  
Time slows the pace and atrophies the mind,  
Soon memories will be beyond recall.*

*But I will end my days in Mexico  
There is no other place I care to know.  
As long as I am privileged to see  
The brilliant bougainvillea we loved so.*





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Our services offer relief to family members and caregivers and allows them the freedom to handle personal business, go to work, or just get respite from their full-time responsibility.

All participants are served a hot catered lunch, beverages, morning and afternoon snacks and may take advantage of transportation to and from the center. Extended and flexible center hours are available to accommodate caregivers' schedules six days a week.

Dayscape Adult Care Center offers both participants and caregivers this affordable option in a safe, comfortable and modern setting, while allowing seniors to remain in their homes as long as possible.

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**September 2017 Computer Classes**  
**North Regional/Broward College Library**  
 1100 Coconut Creek Blvd • Coconut Creek, FL 33066  
 954-201-2601

**Tuesday, September 5, 12, 19, 26 6:00 to 8:00 p.m. – Creole class.**  
 This class covers various computer subjects in Creole.

**Wednesday, September 6 2:00 to 4:00 p.m. – Microsoft PowerPoint, Part 3 of 6.** Become familiar with Microsoft PowerPoint and making slides for presentations. PowerPoint is the most popular presentation software in the world.

**Thursday, September 7 2:00 to 4:00 p.m. – Facebook 2: I'm On Facebook, Now What?** Learn how to customize your Facebook profile, create important life event posts, and work with the Facebook photo albums, chat, groups, and more. This is a follow up to the course The Facebook Starter Kit. If you haven't already taken that course, you should at least have a Facebook account and know how to post on Facebook. Be sure to bring your Facebook login information to class.

**Friday, September 8 9:00 to 11:00 a.m. – iPhone Essentials IOS 10.** This iPhone Essentials iOS 10 course will help you learn how to use your iPhone and avoid frustrations. Includes the new Health app, Apple Pay, Wallet, and Touch ID. For Apple iPhone users.

**Wednesday, September 13 2:00 to 4:00 p.m. – Microsoft PowerPoint, Part 4 of 6.** See Wednesday, September 6<sup>th</sup> for full description.

**Thursday, September 14 2:00 to 4:00 p.m. – Meet the Computer, Windows 7.** Introduction to computers, beginning with learning about the components that make up a computer system, how to use a mouse and keyboard, starting programs and the computer desktop.

**Wednesday, September 20 2:00 to 4:00 p.m. – Part 5 of 6 Microsoft PowerPoint.** Become familiar with Microsoft PowerPoint and making slides for presentations. PowerPoint is the most popular presentation software in the world.

**Thursday, September 21 2:00 to 4:00 p.m. – Complete Job Search.** The vast majority of jobs today are posted on the internet, and most job applications are also done online. This class will guide you through the basics of online job searching and applications.

**Friday, September 22 9:00 to 11:00 a.m. – iPad, v 9.0**  
 A comprehensive introduction to using the iPad, including all of the standard apps that come with iOS 9: Notes, Music, News, Maps and many other apps that have new features you'll want to learn about and use.

**Wednesday, September 27 2:00 to 4:00 p.m. – Part 6 of 6 Microsoft PowerPoint.** See Wednesday September 20 for full description.

**Thursday, September 28 2:00 to 4:00 p.m. – Resumes and Cover Letters.** Update your resume and cover letter writing skills with the current trends for using Microsoft Word templates to create functional and chronological resumes. You'll also learn how to create effective cover letters that respond directly to the job posting, to help you stand out from the crowd.

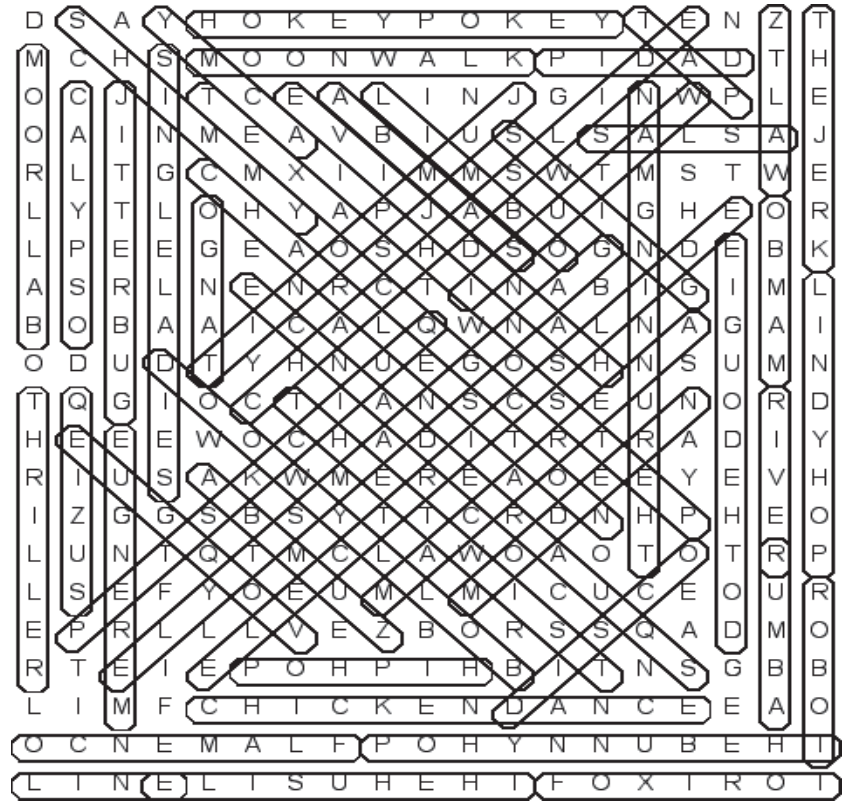
For free online computer classes:

[www.broward.org/Library](http://www.broward.org/Library)  
 Online Resources>Education & Jobs>Universal Class

# Puzzles and Games

Solutions from page 26

## Dance crazes

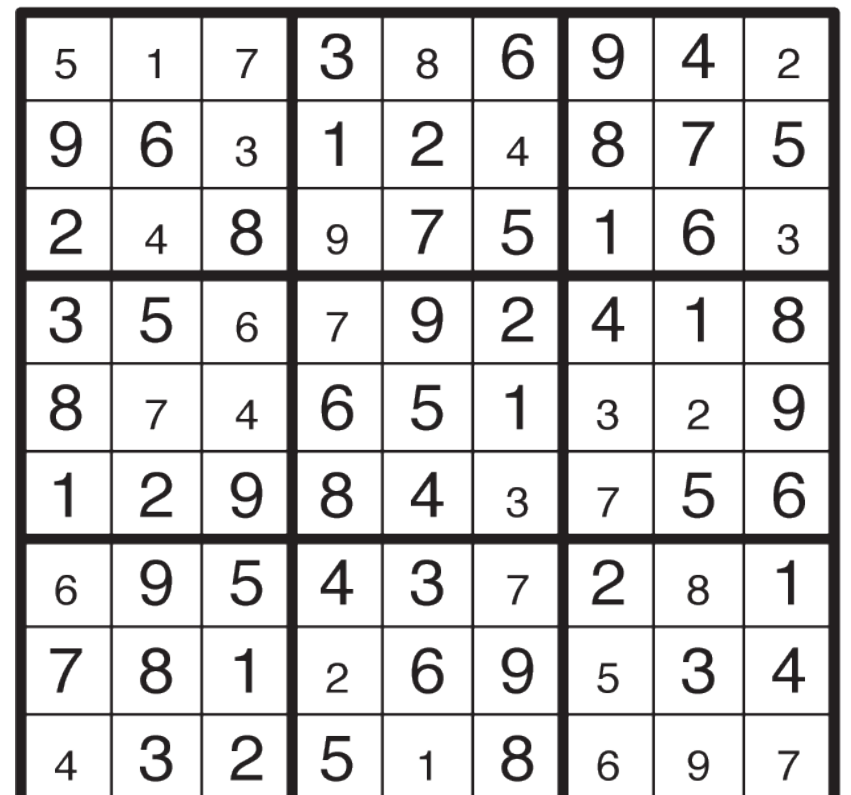


The hidden message is: **DANCING IS THE BODY'S WAY OF CELEBRATING LIFE**

## Crossword Puzzle



## Sudoku



**SPEED LIMIT 25**

**SPEED LIMIT 15**

# Traffic Violations

The speed limit on Wynmoor Circle is **25mph**. The speed limit in the villages is **15mph**. There is absolutely **NO PASSING** on Wynmoor Circle and all **STOP SIGNS MUST BE** observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**





## Upcoming Library Events...

### North Regional/Broward College Library

1100 Coconut Creek Blvd. • Coconut Creek, FL 33066 • 954-201-2601

## SEPTEMBER PROGRAMS

**1<sup>st</sup> Floor Adult Community Coloring:** Take some time today to reduce your stress by coloring!

*Sponsored by Friends of North Regional/BC Library.*

**2<sup>nd</sup> Floor Jigsaw Puzzle:** Collaborate with other library customers to complete a jigsaw puzzle.

*Sponsored by Friends of North Regional/BC Library*

#### Adult Programs:

**Thursdays – Digital Downloads Open House.** Learn how to access and download the library's free books, music, magazines and movies to your device. First come, first served. Noon to 1 p.m. Rm. 226.

**Friday, September 1 – Movie & Discussion: “The Queen”.** After the death of Princess Diana, Queen Elizabeth II struggles with her reaction to a sequence of events no one could have predicted. Starring Helen Mirren. (2006), Rated PG-13. Noon to 3 p.m. Rm 154.

**Saturday, September 2 – Creative Writing Café. The Three Stages of Writing.** Exploration of techniques for mastering - prewriting, composing, and editing; and the organized creative process that yields proven results. 3 to 5 p.m. Rm. 226.

**Wednesday, September 6 – Knitting Circle.** Join our monthly knitting circle. It is a great way to get yourself to knit more, and to meet other people who share your interest. All levels welcome. 4:30 to 6:30 p.m. Rm. 154.

**Saturday, September 9 – Learn About Tarot Cards.** Introduction to the Tarot: History & Meanings. Presented by Diana Long. 12:30 to 2 p.m. Rm. 226. *Sponsored by Friends of North Regional/BC Library.*

**Monday, September 11 – Medications....You M.U.S.T. be Careful!** Learn about how to protect yourself, general risks and benefits of medications, common medicine use problems, and ways to safely improve medicine use. Presented by TrustBridge. 2 to 3 p.m. Rm. 226.

**Mondays, September 11, 18 & 25 – Public Speaking 101.** A series of presentations that will guide participants through exercises and provide techniques, tips and opportunities to practice speaking in front of a group. You will receive on-the-spot feedback and have the chance to do personal evaluations. 5 to 6 p.m. Rm 226.

**Wednesday, September 13** – Representatives from the North Broward **Social Security** office will be available to answer your questions and provide information. 2 to 4 p.m. Lobby.

**Saturday, September 16 – Guitar Café** for adult beginners to intermediate guitarists. Bring your guitar and join in if you are interested in learning and playing. (Acoustics, Electric or Bass). 2:30 to 5:30 p.m. Rm. 154.

**Saturday, September 16 – Creative Writing Café. Ideas Are Everywhere: Searching for Ideas.** An overview of where great ideas are found. Researching Digital Library Resources, Free Online Web Resources, Government Databases, Free Online Courses. 3 to 5 p.m. Rm. 226.

**Tuesday, September 19 – National Medicare Education Week:** Learn about the basics of Medicare, benefits and your options, in this educational presentation. 3 to 4 p.m. Rm. 226.

**Thursday, September 21 – Movie: “Spare Parts”.** With the help of their high school's newest teacher, four Hispanic students form a robotics club. Although they have no experience, the youths set their sights on a national robotics contest. With \$800 and parts scavenged from old cars, they build a robot and compete against reigning champion MIT. Along the way, the students learn not only how to build a robot, but something far more important: how to forge bonds that will last a lifetime. (2015), Rated PG-13. Noon to 2:30 p.m. Rm. 154. *In celebration of Hispanic Heritage Month.*

**Saturday, September 23 – ALL WRITE - Jump Start your Novel.** With help from professional, published authors, you will explore four different genres: Mystery, Romance, Young Adult and, Memoir. Each mini-workshop will include writing exercises and informative hand-outs. This event is FREE. R.S.V.P. required due to limited seating. <http://mwafloida.org/events/special-events>. 10:30 a.m. to 4 p.m. Rm. 154.

**Monday, September 25 – Movie & Discussion: “Ivory Tower”.** A documentary that questions the cost and value of higher education in the United States of America. (2014), Rated PG-13. Noon to 2:30 p.m. Rm. 154.

#### Language Classes:

**Tuesdays & Wednesdays – English Café:** conversational practice session for intermediate learners of English. 6:30 to 7:45 p.m. Rm. 226.

**Tuesdays & Wednesdays – Spanish Café:** conversational Spanish practice for English speakers. 6:30 to 7:45 p.m. Young Adult Rm., 1<sup>st</sup> Floor.

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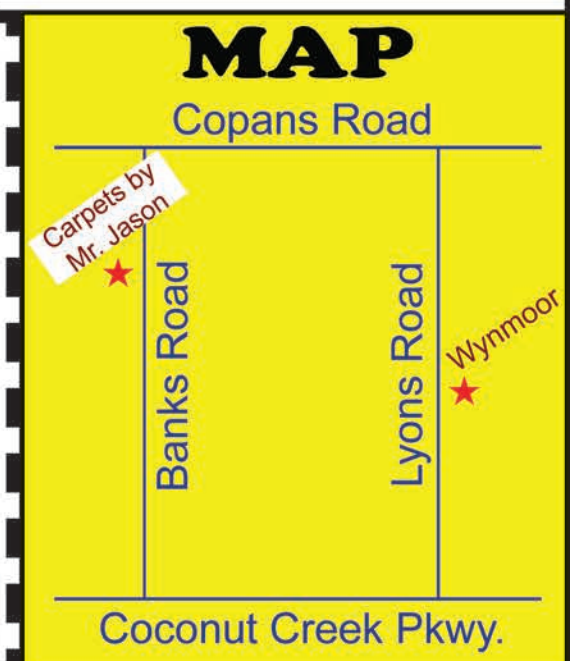
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*Wynmoor's Daughter & Resident Mother Real Estate Team*

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3405 Bimini Ln D2	\$93,700
1803 Eleuthera G1	\$149,000
3005 Portofino Isle A3	\$110,000

## OFFERED FOR SALE - 1 Bedroom • 1 Bath

3304 Aruba Way C2	\$67,000
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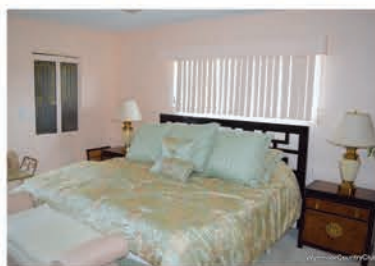
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